

Primary 3 Parents' Briefing Principal's Address

25 January 2024



Damai Primary School

Confident Individuals | Thinking Learners | Engaged Leaders

Welcome To All Parents

- **Hope 2024 started well and safe**
- **Looking forward to a strong partnership for 2024**



Agenda

7 Principal's Briefing

1. Introduction of School Personnel
2. School Vision, Mission and Values
3. Parents - Partners in Education
4. Holistic Assessment
5. Other Important Matters

Year Head's Briefing

1. Start It Right
 2. Level Programmes
 3. Academic and Assessment Matters
 4. School-Parent Partnership
-

Our Vision

Confident Individuals
Thinking Learners
Engaged Leaders



Our Vision

Confident Individuals

**who demonstrate SPARK values,
communicate effectively and
want to make a difference**

Thinking Learners

**who think critically and innovatively,
and learns collaboratively**

Engaged Leaders

**who care and have the courage to
want to contribute**



Our Mission

*To Nurture and Empower
every Damaian
to Learn, Grow, and Lead*



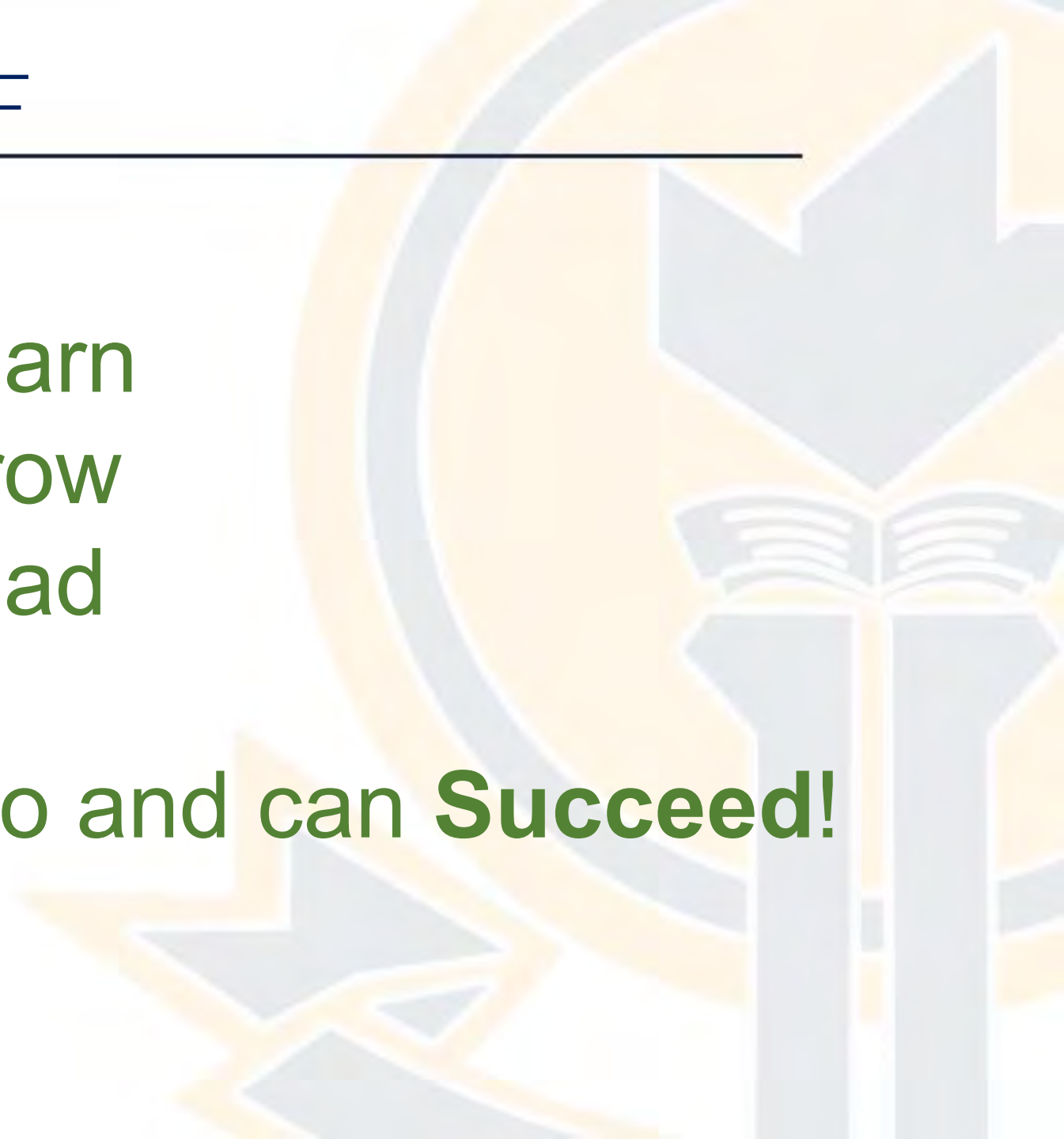
OUR CORE BELIEF

Every Student Can Learn

Every Student Can Grow

Every Student Can Lead

Every Student wants to and can **Succeed!**



DPS - A School of Care & Distinction

Care

Showing concern (through thoughts, words & actions) for each teacher & student.

Distinction

Marked by unique & quality learning experiences (based on student profile & school programmes).

Our **SPARK** Values

Sincerity to self and others

Passion for learning

Aspirational to succeed

Resilience in life

Kindness to all



Our **SPARK** Values

“Every Damaian has self-discipline to uphold our SPARK values.”

S incerity to self and others	Honesty / Care / Respect
P assion for learning	Responsibility / Self-directed / Curiosity
A spiration to succeed	Commitment / Seek to improve
R esilience in life	Perseverance / Adaptability
K indness to all	Helpful / Empathy

Good Discipline

- The school believes that good discipline is an important factor to help create positive school with a conducive environment for our students
- All Damaians need to know our school rules and adhere to them as expected
- Parents are our partners in this journey



Good Discipline

- Help us to educate Damaians
 - must be mindful of own actions/words
 - treat others the way you would like to be treated
 - respect personal space
 - interact / play safely
 - have the morale courage to be an upstander



Good Discipline

- When something happened
 - Tell the person to stop what he/she is doing
 - Share that you do not like it
 - Inform your teacher soonest possible
- DO NOT take things into your own hands



Good Discipline

- School is a safe place – **Zero Tolerance** for Unacceptable behaviour that
 - is hurtful and undermines others to feel safe and secure
 - hinders effective learning and healthy development



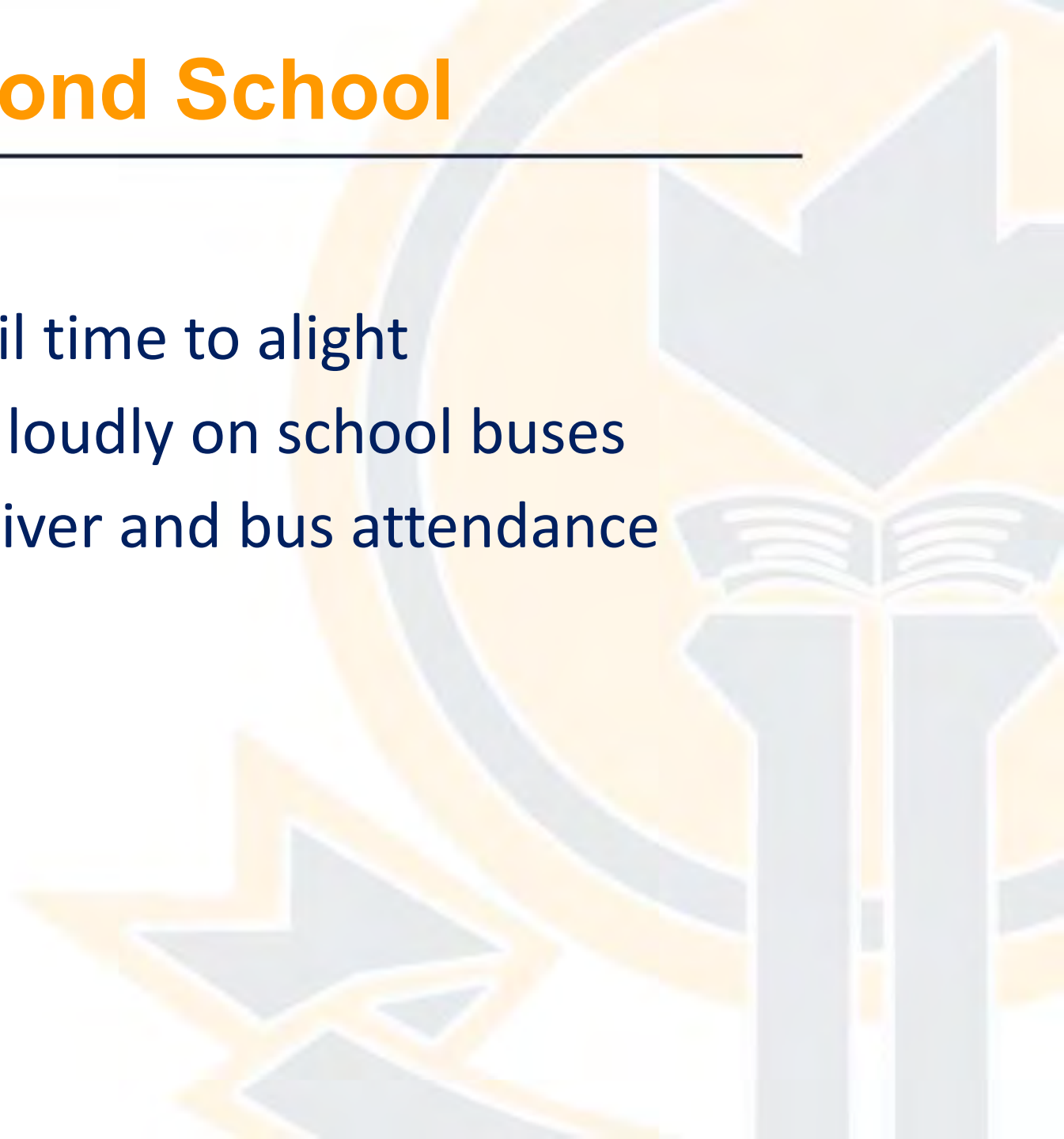
Good Discipline – Beyond School

- **Safety on school buses**

- Buckle up and be seated until time to alight
- No playing and avoid talking loudly on school buses
- Follow the instructions by driver and bus attendance

- **Safety in Cyber Space**

- Be respectful
- Be responsible
- Be a positive influence



Remember

In all that you do, always think before you act

1) Is it right or wrong?

2) Is it kind or helpful?

3) Will my parents/teachers be proud of me?



In 2024

- **Know that you are special and have strengths**
- **“Be the Best Me” every day**
- **Ask questions daily to learn better**
- **Be kind to everyone**
- **Do helpful / good deed daily**
- **Learn something new and share**



In 2024

- **Start the year right**
- **Work with your teachers**
- **Make friends and care for them**
- **Have a Growth Mindset and stay positive – Give your best!**



**Every Damaian wants to
and can succeed!**

In 2024

Continue to learn, grow and lead in 2024

Be better than before -

Find your purpose and have a personal goal

Strive to achieve your personal best -

Every Damaian can do it!

Dream Big, Shine Bright



Parents are important partners in education

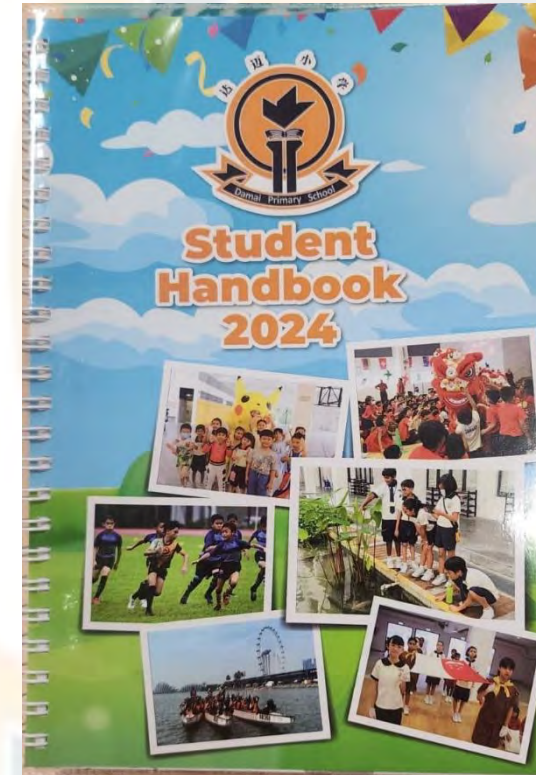
- **T**rust is the foundation
- **R**emember the child as our focus
- **U**nderstand our shared responsibilities
- **S**eek common ground
- **T**ogether, we work towards common goals



Parent-Teacher Communication

At DPS, we value parent-teacher communication via

- Parents Gateway
- Student Handbook
- Emails
- Phone calls – via school line **6445 6483**
- Meetings
- School Website
- Letters to parents
- Parents' Briefings
- Parents-Teacher Meeting



Parent-Teacher Communication

- First point of contact – Form Teachers / Subject Teachers
- Level-related matters – Year Heads
- School-related matters – Admin Manager / School Leaders
- School is still the best point of contact

Parent-Teacher Communication

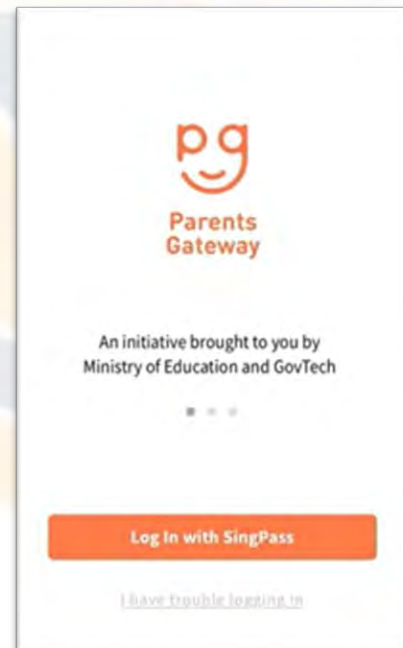
- Seek parents' understanding for the following:
 - Teachers can be contacted during **school days between 7.30 am and 5.30 pm**
 - Teachers may only be able to respond on the next working day if they are not contactable or unable to access their email promptly during the day or if the queries and / or requests are made beyond the school hours
 - Teachers will try their best to respond to all queries and feedback within 3 working days. For complicated matters / issues, we seek your understanding that more time may be required to resolve them before we get back to you.

Parent-Teacher Communication

- Seek parents' understanding for the following:
 - Teachers are not expected to respond to parents' and students' queries during the weekends except for emergencies.
 - If the queries and / or requests made during school hours are urgent, please contact the school's General Office for assistance.
 - Teachers are not expected to provide their personal phone number to parents.

Principal's Letter to Parents

- Keep a look out for the Principal's Letter to Parents
- Important information is available for parents to allow you to keep posted of the school matters
 - Through Parent Gateway (PG)
 - Keep your PG notification on



Attendance in School

- Your child's attendance in school is important and compulsory
- Only when your child is in school will we be able to nurture him/her
- Let's work to support your child to have a good start to P3 in 2024



Attendance in School

- Help our children to cultivate the good habit of responsibility and punctuality in primary school
- Students are to report to the classrooms for attendance-taking and morning assembly by 7.30 am
- Ensure your child be in school 5 to 10 min before 7.30 am to give them time to reach the classrooms for morning assembly
- Students who are not in school by 7.30 am to participate in flag-raising together with the student population, will be deemed late for school
- Habitual late-coming will be noted and included in student's behaviour record which will impact the conduct grade of the students

School-Home Partnership

- Familiarise yourself with school communication platforms
- Read the Student Handbook, parent memos & notifications
- Build good relationships & trust the teachers to want the best for each student

School-Home Partnership

- Proper school uniforms/PE attire – **include name tag**
- School driveway – **drop and go**
- Safety – utmost importance

Eg Follow safety rules,

Be punctual in picking up your child



Safety Reminders

School Zone and Enhanced School Zone



Lower speed limits in School Zones help create a safer road environment for school-going children.



Prominent “Slow” and “School” markings painted on the road



Red finishing for parts of road surfaces near school gates

Safety Reminders

Road Markings



Continuous white line.
Vehicles should keep to the left of this line. No parking on either side of the road at all times. Violation of this rule attracts a fine.



Single white stop line.
Stop to check the traffic situation ahead before moving off.



Unbroken double yellow lines.
No parking on this side of the road at all times, except for immediate pick-up and drop-off only. Violation of this rule attracts a fine



**No U-turn –
Without U-turn sign available**



**No parking
along this stretch of road**

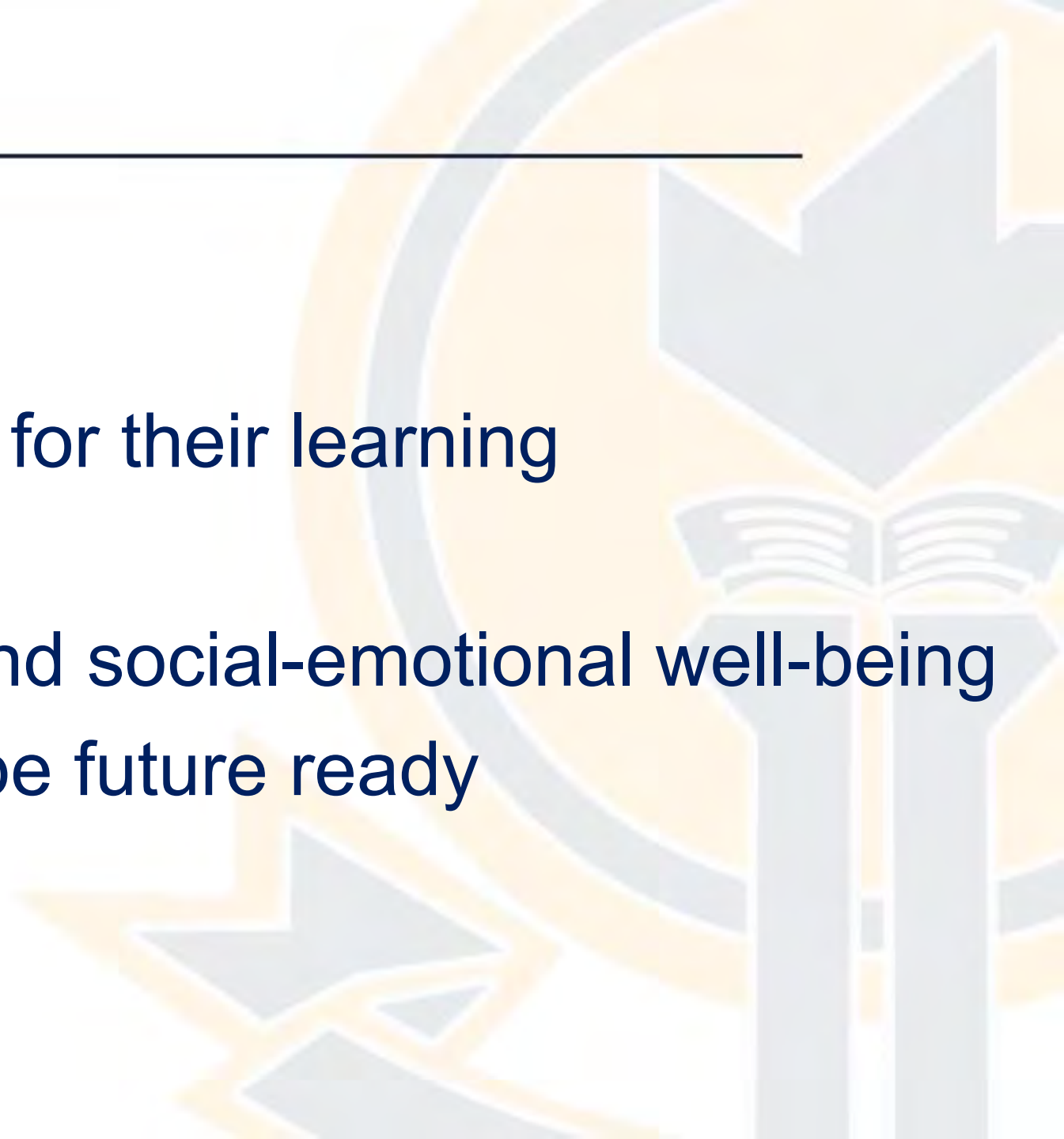
Parents Must Not:-

- Allow the child to stay at home during school days when they are well
- Bring them overseas during school days
- Do homework or assignments for them
- Make **Home Delivery** for forgotten items
- Rescue them from the consequences of their actions
- Hide or give reasons to justify mistakes or wrongdoing

Our Focus

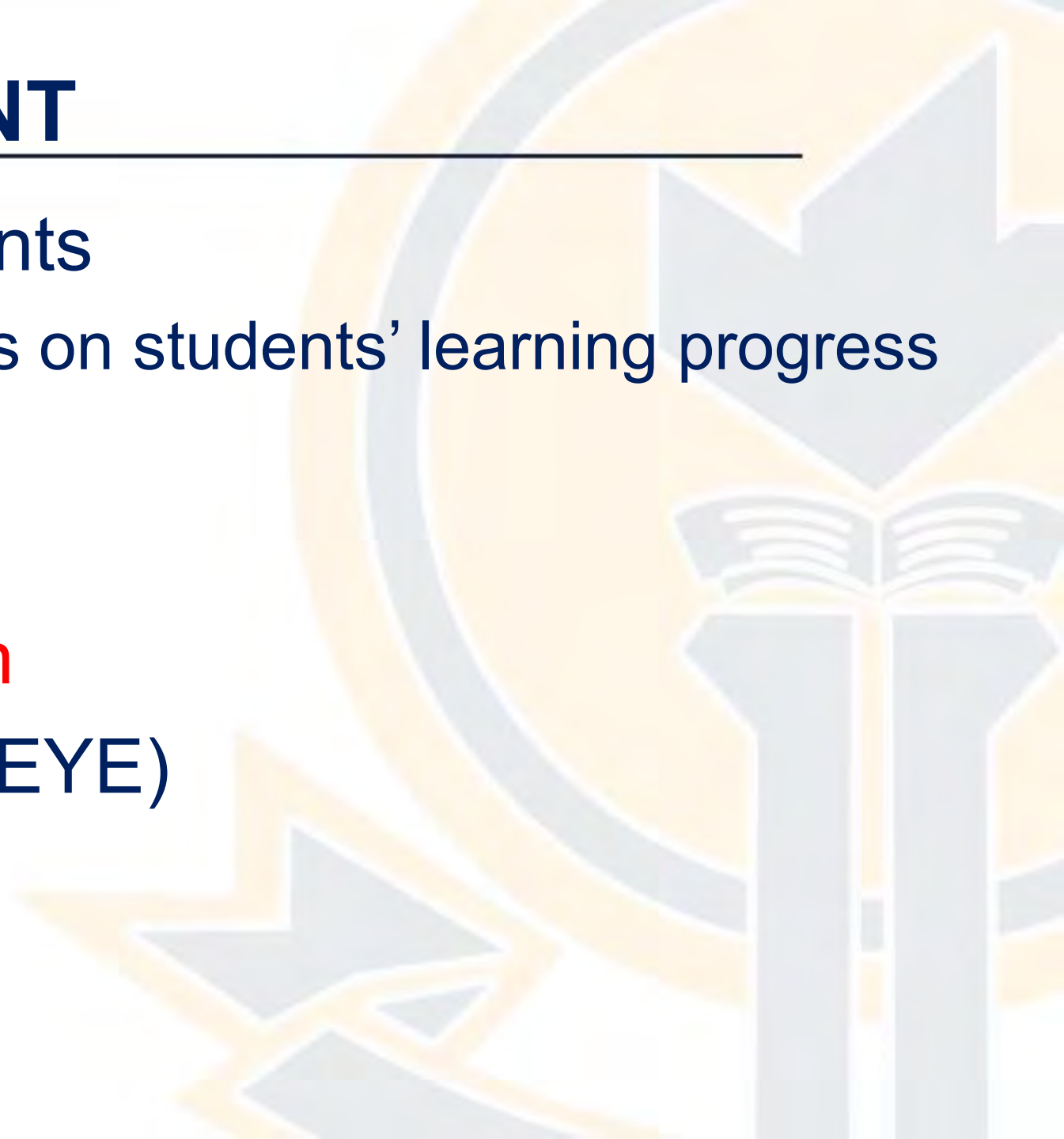
Damaians

- **enjoy their learning**
- **have a strong foundation for their learning**
- **have good character**
- **demonstrate resilience and social-emotional well-being**
- **have the dispositions to be future ready**



HOLISTIC ASSESSMENT

- **Non-weighted Assessments**
 - on-going milestone checks on students' learning progress
- **Weighted Assessments**
 - Review Tests
- **No Mid-Year Examination**
- **End-Year Examinations (EYE)**



Damaians to

- Attend school regularly
- Take learning during lessons seriously
- Develop good study habits
- Complete homework and learning activities given
- Exercise self-discipline and diligence to revise daily
- Seek clarification and help from teachers, classmates or friends when they face difficulty
- Demonstrate Passion for Learning, Aspiration to Succeed and Resilience in Life

Parents' Support

- Child's attendance in school is key
- Child's attention and focus during lesson is important
- Encourage child to ask questions to clarify and understand better
- Ensure child completes homework given
- Daily / Regular revision
 - revisit the lesson/concept taught for the day
 - revisit concepts learnt from P1 to P3
- Encourage child to continue to improve

RESILIENCE-FOSTERING INTERACTIONS

Give our Children **S.P.A.C.E** to grow

SUPPORT

- Provide positive feedback
- Be willing to listen

PROBLEM SOLVE

- Reflect on setbacks together
- Guide your child to develop alternate plans

AFFIRM

- Affirm strengths and efforts
- Use of effective praise

CHEER

- Cheer your child on for every effort
- Celebrate all successes, even small ones

EMPOWER

- Let your child make decisions
- Encourage your child to voice his/her ideas, and carry out the plans made

PROVIDE ADEQUATE CHALLENGE

• Stimulating Environment

- Provide opportunities for challenges
- Nurture your child's talents

• Structure

- Set consistent and realistic expectations
- Maintain daily routines with clear boundaries
- Assign responsibilities (e.g. household chores)

• Supervision

- Monitor your child's progress
- Look out for signs of distress



PROVIDE HIGH SUPPORT

• Responsive Environment

- Know your child's needs
- Be present

• Role Modelling

- Role model social skills
- Be consistent in teaching and setting examples

• Reassurance

- Encourage your child regularly and intentionally
- Tell your child "I believe in you"



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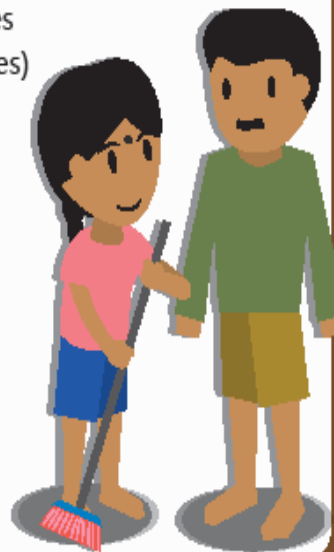
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Ministry of Education
Singapore

P3 Parents' Briefing

25 January 2024



Damai Primary School

Confident Individuals | Thinking Learners | Engaged Leaders

Mdm Jacinda Tan
HOD PE/CCA
Covering Year Head/ Middle Primary

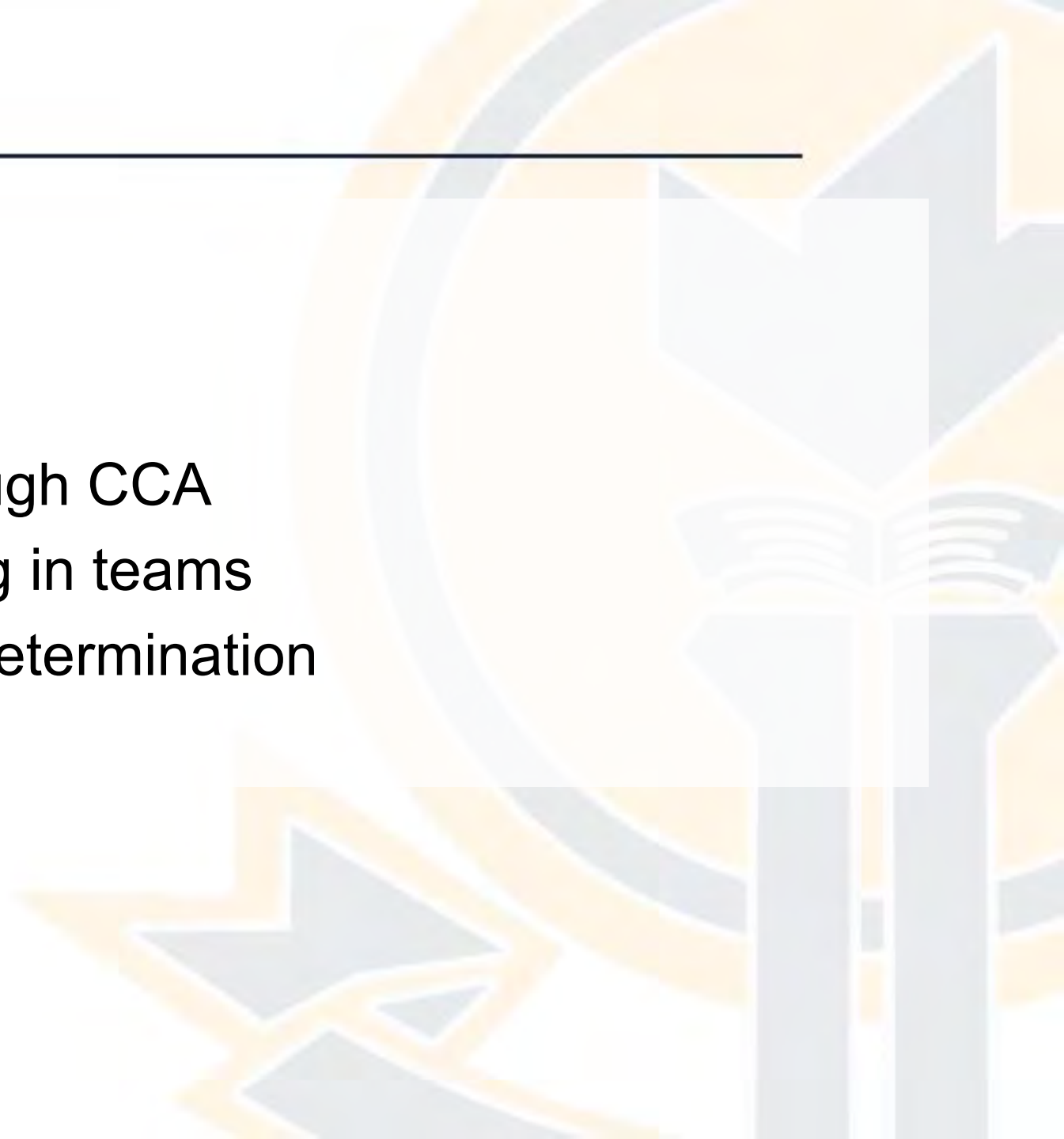
Starting the year right

- Bonding activities in class to foster positive relationship among peers
- Growth Mindset
- Road Safety Walk
- Leadership training



CCA & Your Child

- Objectives of CCA:
 - Holistic Development
 - Character Education through CCA
 - Collaboration/Playing in teams
 - Perseverance and Determination
 - Sportsmanship



CCA & Your Child


- 100% participation
 - Timetabled during Curriculum time
 - Friday morning
- Encourage your child to participate in CCA and develop your child's interests and potential.
- Talent development for Direct School Admission (DSA) possibilities

Our Level Programmes

- Road Safety Walk
- Conversational Chinese and Malay Language (CCM)
- Values In Action Programmes
- Learning Journeys
- Connections and Applications Across Math and Science (CAAMS)
- Higher Mother Tongue (HMT)
- P3 Mother Tongue Cultural Day Camp
- SwimSafer
- Learning for Life Programmes (LLP)
 - SPARKs@Play
- Applied Learning Programmes (ALP)
 - IGNITE your CONFIDENCE, EXPRESS Yourself (ICE Yourself)
- Support Programmes
 - Reading Remediation Programme (RRP)
 - School Based Dyslexia Remediation (SDR) Programme
 - Mother Tongue Support Programme (MTSP)
 - Learning Support for Mathematics

Academic Matters

Term 1 and Term 3 – Communicating students' progress in areas like Motivation, Communication and Teamwork

 TERM 3	Developing	Competent	Exceeding
1. Motivation			
• Shows confidence to explore new ways to learn			✓
• Completes tasks / assignments on time		✓	
• Shows passion and enthusiasm towards learning		✓	
2. Communication			
• Is able to carry out instructions		✓	
• Speaks clearly and loudly with confidence			✓
• Expresses ideas, thoughts and feelings clearly		✓	
• Interacts positively with group members		✓	
3. Teamwork			
• Practises turn-taking in conversations		✓	

Academic Matters

- **Topics and Weighting :**

- Refer to “School Assessment Policy” that will be issued at a later date

- **Absences:**

- Any absence must be supported by medical certificate issued by a medical doctor or other supporting document
- There will be no retake for school’s EYE (except for the ORAL exam)

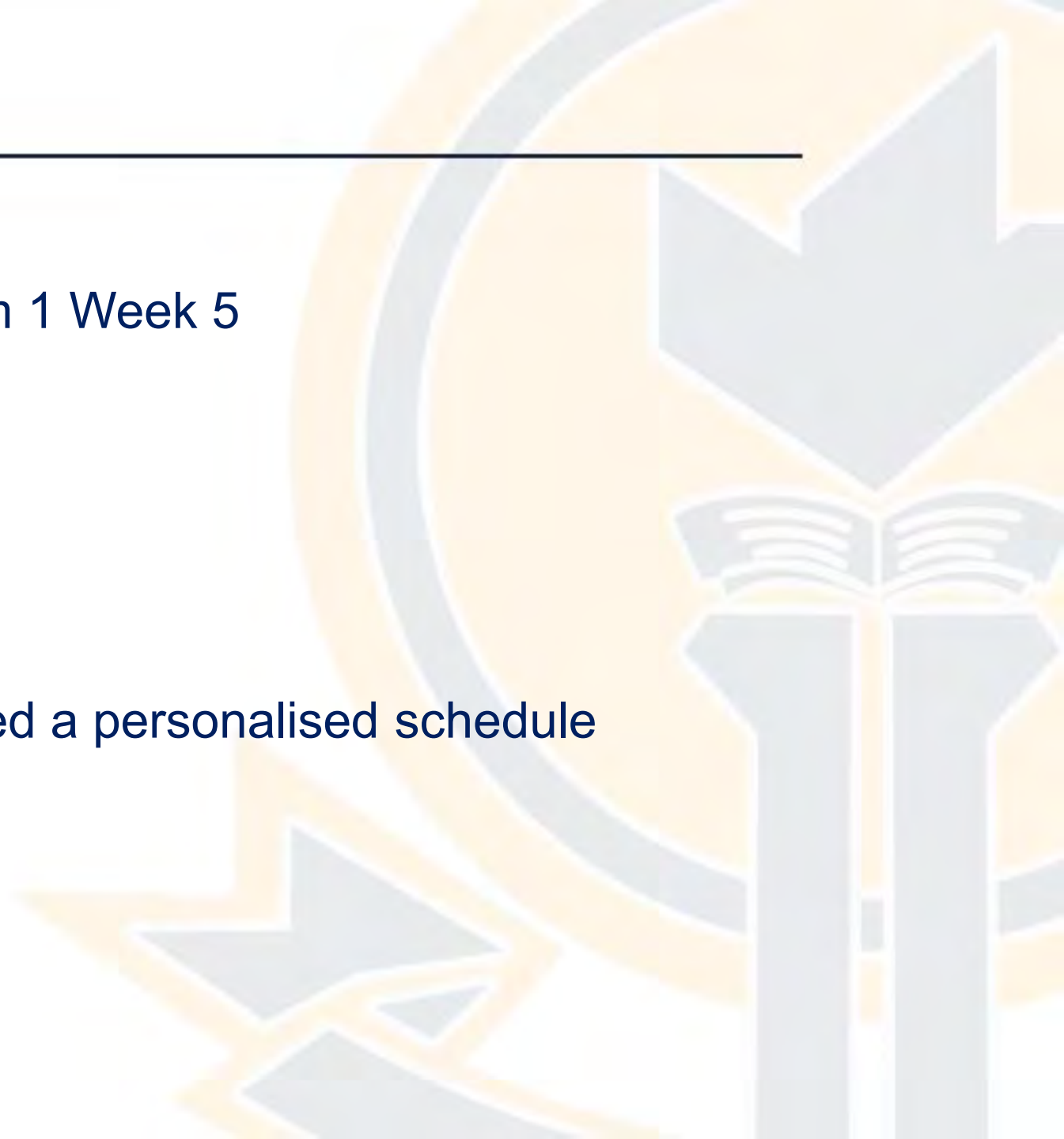
NOTE:-

If your child/ward is unwell, he/she should be resting and recuperating at home.

The well-being of the child is **MOST IMPORTANT.**

Academic Matters

- Remedial class will commence in Term 1 Week 5
- Every Monday and Thursday
- 2.00 – 3.00 pm
- Students identified would have received a personalised schedule



Other Academic Matters

- **EL Spelling** : Every Tuesday
- **MT Spelling** : Every Thursday



Higher Mother Tongue Languages (HMTL)

- Our school is offering HMTL across the 3 official MTLs for P3 students.
- Students who displayed the following qualities were offered HMTL at the end of P2 last year:
 - High level of proficiency in oracy skills
 - Strong foundation for literary skills
- HMTL at P3 and P4 will be reflected as a non-weighted assessment.
- Students who have taken up the option to offer HMTL this year are strongly encouraged to offer the subject for two years in P3 and P4 to truly benefit from the HMTL curriculum.

Gifted Education Programme (GEP) 2024

2-Stage Exercise (Tentative Dates)

Stage	Date	Participants	Papers
GEP Screening Exercise	15 August 2024 (Thursday)	Primary 3 students enrolled in government and government-aided schools	English Language Mathematics
GEP Selection Exercise	15 & 16 October 2024 (Tuesday & Wednesday)	Primary 3 students shortlisted after the GEP Screening Exercise	English Language Mathematics General Ability

Upcoming Parents' Engagement Session

- Parent Teacher Student Conference
– 23 May 2024 (Thursday)



School-Parent Partnership



Damai Primary School

Confident Individuals | Thinking Learners | Engaged Leaders

Partnering the School

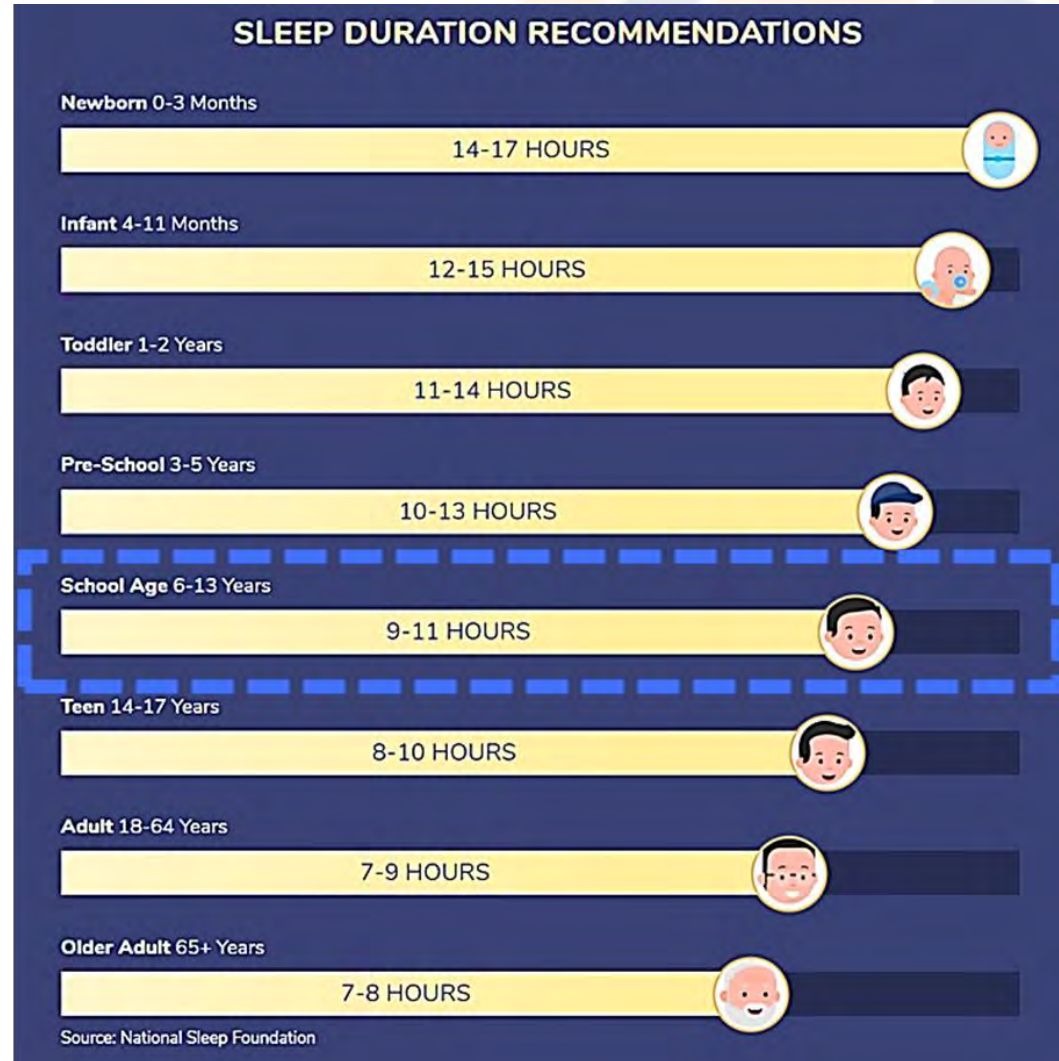
1 Knowing your child

2 Developing your child

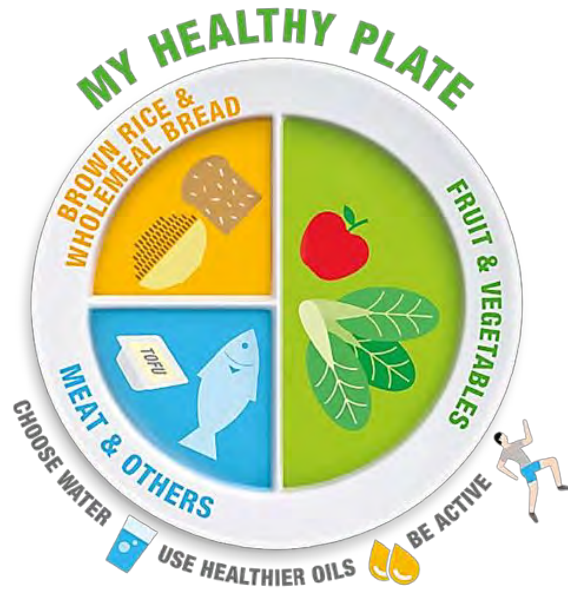
3 Keeping in touch with the school



Developing Good Habits



Developing Good Habits



ENCOURAGE YOUR CHILD TO CHOOSE WATER

Teach your child to say 'No' to sweetened drinks

NO

Praise your child for choosing water over sweetened drinks



Drink 3 to 5 cups of water every day



Bring a water bottle to school or when eating out



Add sliced apples, pears, grapes or even cucumber or mint leaves to make water more fun and flavourful



Developing Good Habits



TOO MUCH SUGAR IS UNHEALTHY

Limit your child's sweetened drinks to 1 to 2 cups a week and encourage them to choose drinks with a Healthier Choice Symbol (HCS).

1 CANNED DRINK WITH HCS (300ML)	1 CANNED DRINK (300ML)	1 BOTTLED DRINK WITH HCS (500ML)	1 BOTTLED DRINK (500ML)
4 TEASPOONS OF SUGAR	6 TEASPOONS OF SUGAR	7 TEASPOONS OF SUGAR	11 TEASPOONS OF SUGAR

Developing Good Habits



CHOOSE RIGHT

Offer your child snacks that are lower in fat, sugar and salt

Encourage your child to choose healthier options when eating out at hawker centres and fast food restaurants.

LIMIT high-calorie snacks and dishes like:

Chocolate muffin



3

TEASPOONS OF SUGAR

Large chocolate cookie



3.5

TEASPOONS OF SUGAR

Ice-cream cone



3

TEASPOONS OF SUGAR

Chicken cutlet with fries & coleslaw



8

TEASPOONS OF FAT

Fried kway teow



7

TEASPOONS OF FAT

Nasi lemak with fried chicken wing, egg, ikan bilis & peanuts



10

TEASPOONS OF FAT

Limit high-calorie snacks to 1 to 2 times a week

Limit fried food to 1 to 2 times a week and fast food to once a month

GO for healthier choices like:



- Fruit
- Carrot/cucumber sticks
- Corn on-the-cob



- Wholemeal biscuit
- Roasted nuts
- Low-fat, plain milk or yoghurt



- Brown rice with stir-fried meat & vegetables
- Grilled skinless chicken chop with baked potato and vegetables



- Sliced fish bee hoon soup
- Burger with grilled patty, cup corn/salad and mashed potato

Starting School Right

Parent Kit

**Missed our
last issue?**

[Click here](#) for our
previous Parent Kits



Ministry of Education
SINGAPORE

Welcome to the new school year!

To ensure our children transit smoothly back to school and complement the efforts of the school, we can equip our children with skills to enjoy their school life.

Read on to find out what you can do at home to help our children develop resilience, set good goals, and teach them how to relate to others.



1. Complement the school's efforts by knowing and supporting your child

Encourage your child to reflect on their experiences in school by having regular conversations with them. By simply recalling and sharing what they have learnt and experienced, they reinforce their learning in school and reflect on their experiences.

These conversations also help us better understand their experiences and allow us to journey with them. Here are some conversation starters:



For Primary Students

- What was your happiest moment in school today?
- Was there anything that didn't go well for you in school today?
- What are you looking forward to in school tomorrow?

2. Help your child think about what they want to achieve this year

These goals could be diverse and simple, like keeping notes for a certain subject, reading more, learning something new in a CCA, or even just wanting to be a kinder person this year.



For younger children, the first step is to slice their goals up into manageable portions. Instead of a chat, **turn it into a fun, crafty activity!** Check out our Instagram account for more details.

LEARN HOW TO
RIDE A BIKE

SLEEP BY 11PM

HELPING OUT
WITH HOUSEWORK

EAT FRUITS
EVERYDAY



DEVELOPING GOOD HABITS

- **How parents can help:**

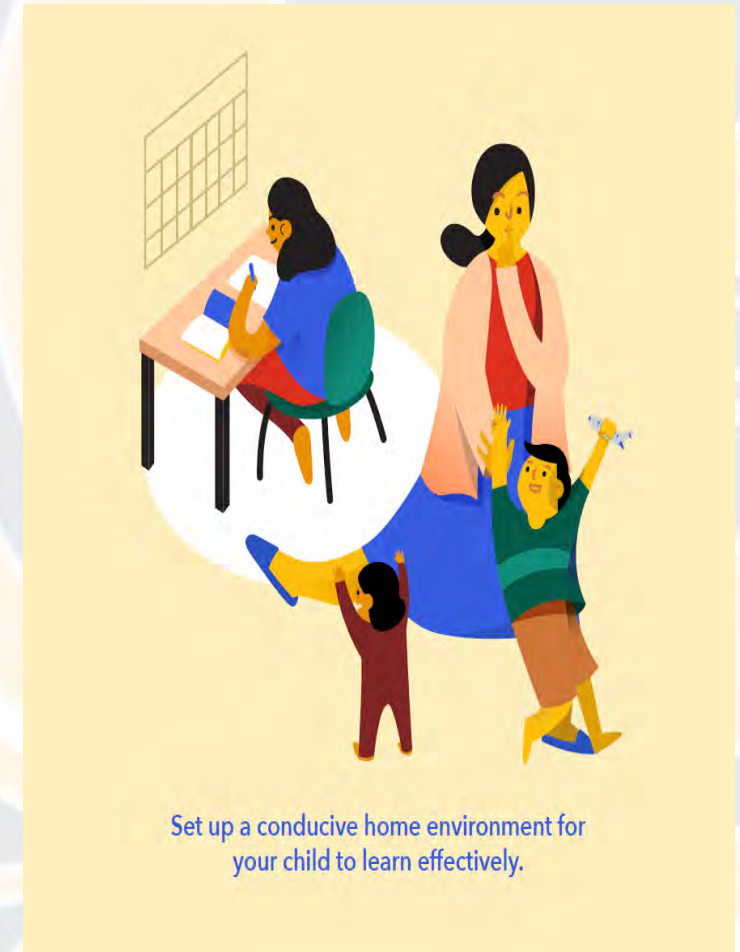
- *Routines at Home*

- Setting up a conducive home environment.

- e.g. At home, set up a well-lit desk and a study area*

- e.g. Parent could read with their children, set them housework etc.*

- Encourage your child to pack his/her own schoolbag and bring required items to school



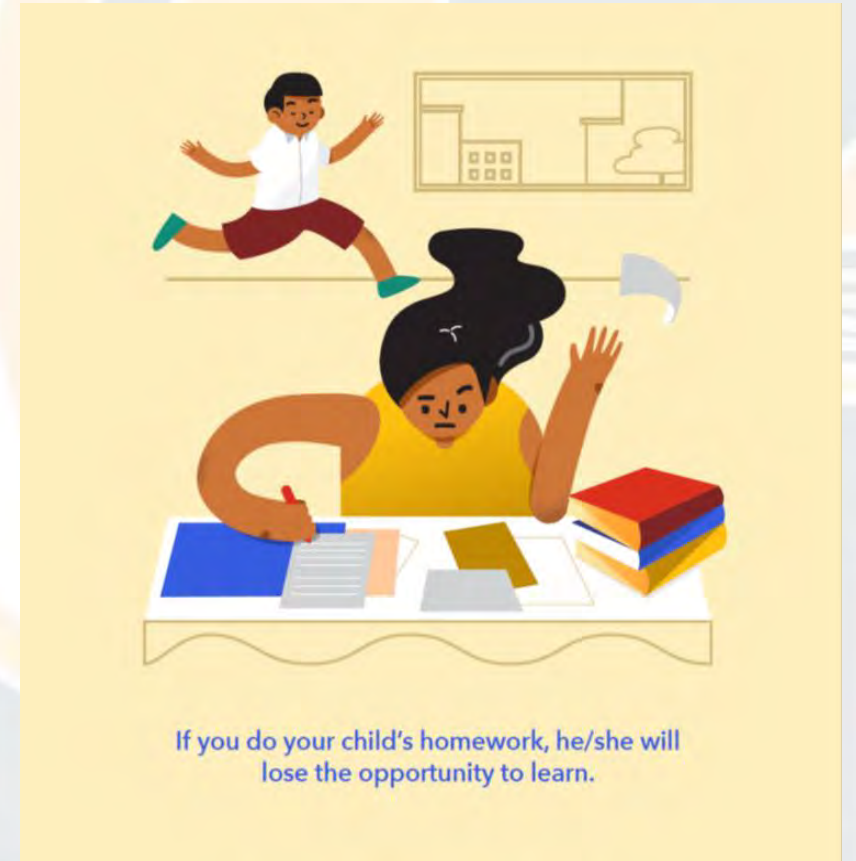
DEVELOPING GOOD HABITS

- **How parents can help:**

- *Self-directed Learner*

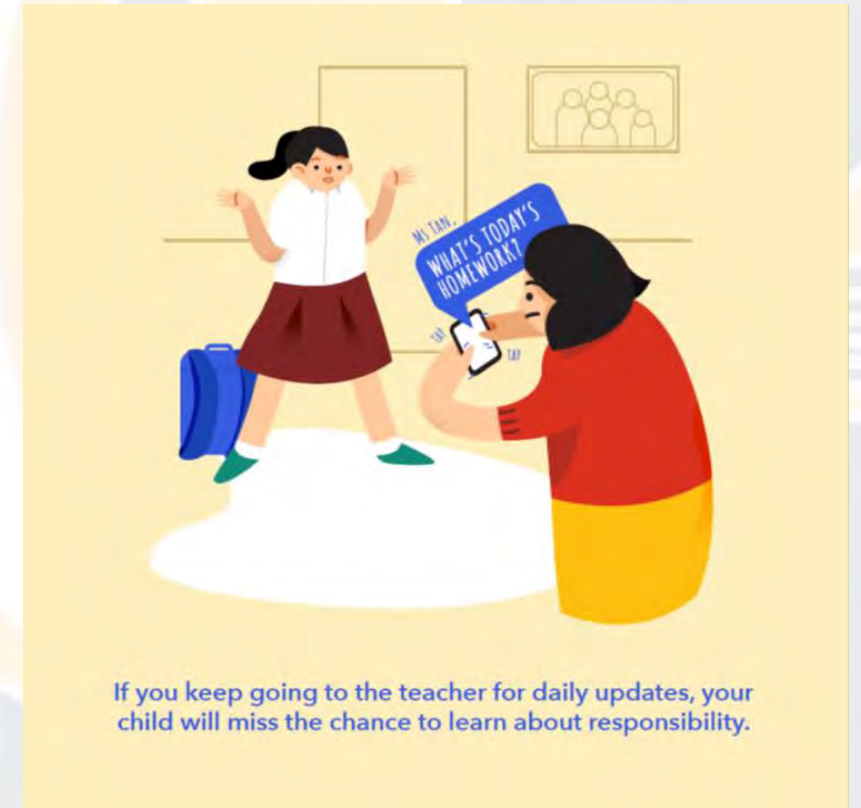
Homework and Learning Support

- Allow your child to attempt the homework on his/her own
- Encourage your child to approach the teacher if he/she needs help with homework
- Parents should ask their child about what they have jotted down in their Student Handbook as opposed to contacting the teacher.



MANAGING SELF

- **How parents can help:**
Self-directed Learner
- Work with your child's teachers to understand his/her strengths, interests and development in academic and non-academic areas.
- Recognise your child's small successes beyond academic results
- Praise your child for his/her efforts, without focusing only on the outcome



3. Help your child relate to others

A large part of what makes school memorable for our children is the friendships forged, but sometimes working up the courage to make new friends can be daunting.

Encourage your child to be kind to others by taking the initiative to talk to their schoolmates. Have your child ask them about their day. A simple "How are you?" and a word of encouragement can make someone's day!



Being kind is one way to make lots of friends! Check out our [Instagram post](#) for some tips.



3. Help your child relate to others

For Primary Students

If your child is in a new class, encourage them to speak to one new person during recess. They could also try speaking to the classmate sitting nearest to them in class. Need tips? Here are some recommendations from some primary school children:

You talk to the person next to you by telling him your name. Then, you wait for him to tell you his. Then, you become friends!

– Brennan, 8 years old

First, breathe in and breathe out. After that, build up your courage so say, “Hi!” But, if the person is still uncomfortable to be your friend, give her some time. You can’t force other people to be your friend.

– Mabel, 8 years old

I would say, “Hi! Do you want to be friends?” I’ll say what my hobbies are.

- Danish, 10 years old



For more activities on making friends, check out the links below to Kindsville Times!

• [Kindsville Times Junior \(P1-2\)](#)

• [Kindsville Times Adventures \(P3-4\)](#)

• [A-OK! \(P5-6\)](#)

4. Help your child build resilience

Learning from challenges and difficult experiences makes us stronger. It is important to help your child adopt positive mindsets so that they develop the resilience and perseverance to overcome future difficulties.

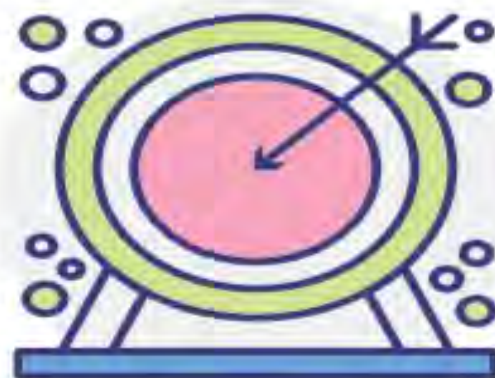


What is a resilient child? It is a child who adapts positively despite setbacks and perseveres in the face of challenges.

Resilience can be nurtured! Here are some ways:

a) When faced with a challenge, guide them to set and move towards their goals.

This encourages them to have a focus and move forward in the face of challenges. Check out page 5 for how you can set goals with your child.



4. Help your child build resilience

b) Facilitate and practice the problem-solving process with them.

Remember S.O.D.A.S:

- Identify the **S**ituation
- Explore 2 to 3 **O**ptions within their control
- Think of **D**isadvantages of each option
- Think of the **A**dvantages of each option
- Select the overall best **S**olution

This will help them find alternative solutions to their problems and build their confidence in overcoming challenges.



4. Help your child build resilience

c) If they are unable to think of a solution to their challenges and are feeling anxious, reframe their thinking by asking them these questions:

1

How do you feel about this situation? What's going through your mind?

2

Why are you feeling this way? What caused you to have these thoughts?



3

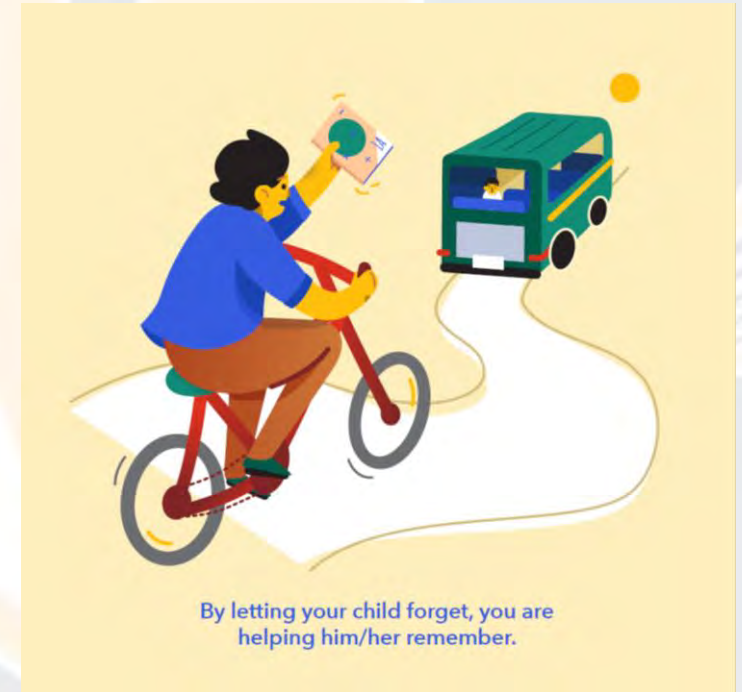
It might seem this way... but is there another point of view we can take?

4

Thinking about it again, how do you feel about the situation now?

MANAGING SELF

- **How parents can help:**
Self Management on Building Resilience
- To try and not to give up if facing challenges
- To manage friendship issue
- To instil self-discipline



4. Help your child build resilience



Try Gratitude Journaling!

Positive thinking can also be made into a daily practice. You can start a gratitude journal together with your child to remind them that despite the circumstances, there is always something to be grateful for. It's as simple as recording three things they are grateful for every day. These things could be as small as weekends with the family or an extra serving of their favourite dish during dinner.

When they are feeling down, reviewing their journal will help them recognise that there are always small moments of joy if we look for them.



For more tips on building resilience, check out our tips [here](#).



SUPPORT YOUR CHILD

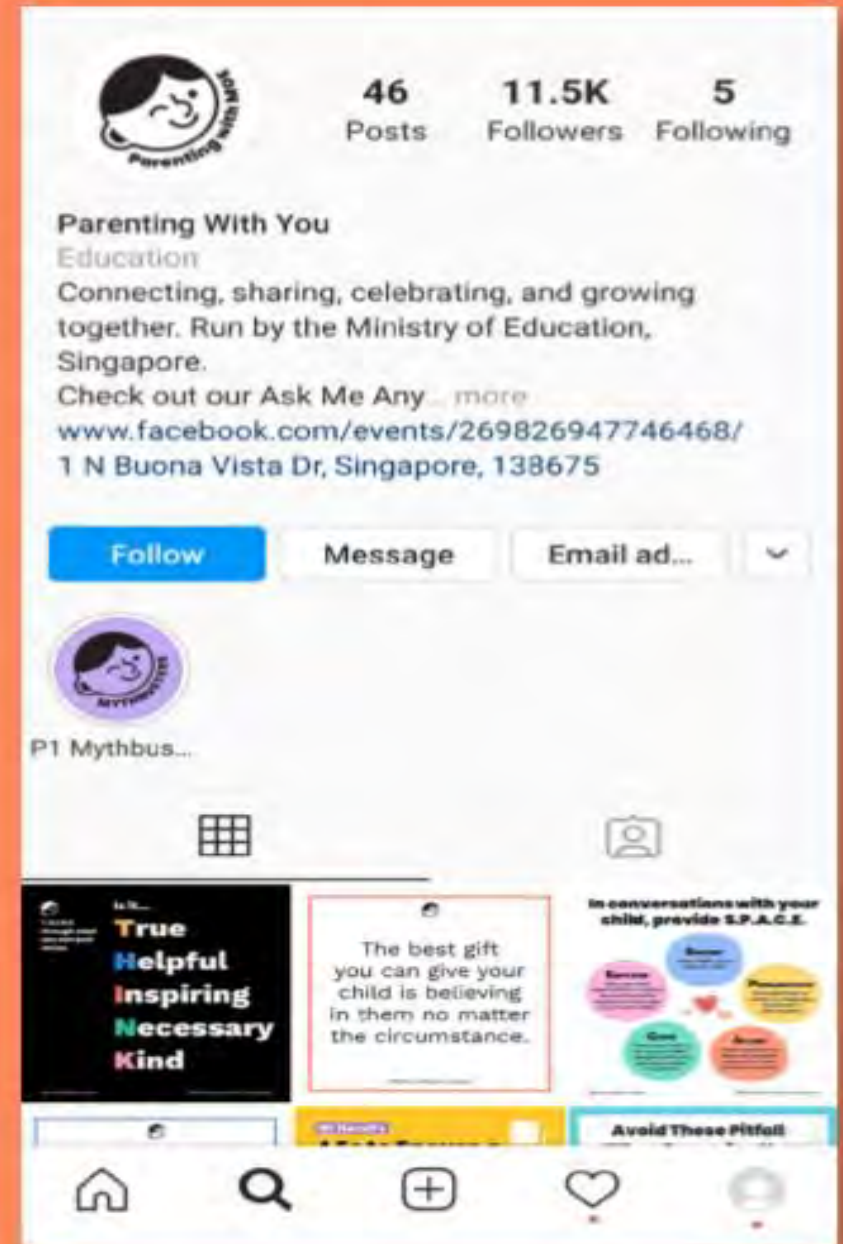
BE THERE:

- **Believe** in your child; emphasize on his/her strengths
- **Encourage** your child to give his/her best
- **Treasure** the process of learning, and not just focus on the results
- **Help** your child develop a structure and routine for studying
- **Expect** realistically what your child is capable of; help him/her experience success
- **Recognise** the symptoms of stress/anxiety and address them
- **Empathise** with your child regarding the challenges s/he is facing

**We want to
share more than
parenting tips
with you.**

Check out our Instagram page for parents to connect and celebrate the ups and downs of parenting, share tips and stories on the parenting experience, and grow together.

Follow us [@parentingwith.moesg](https://www.instagram.com/parentingwith.moesg)



Working Together to Support your Child

*“Alone we can do so little,
together we can do so much.”*

- Helen Keller, American Author

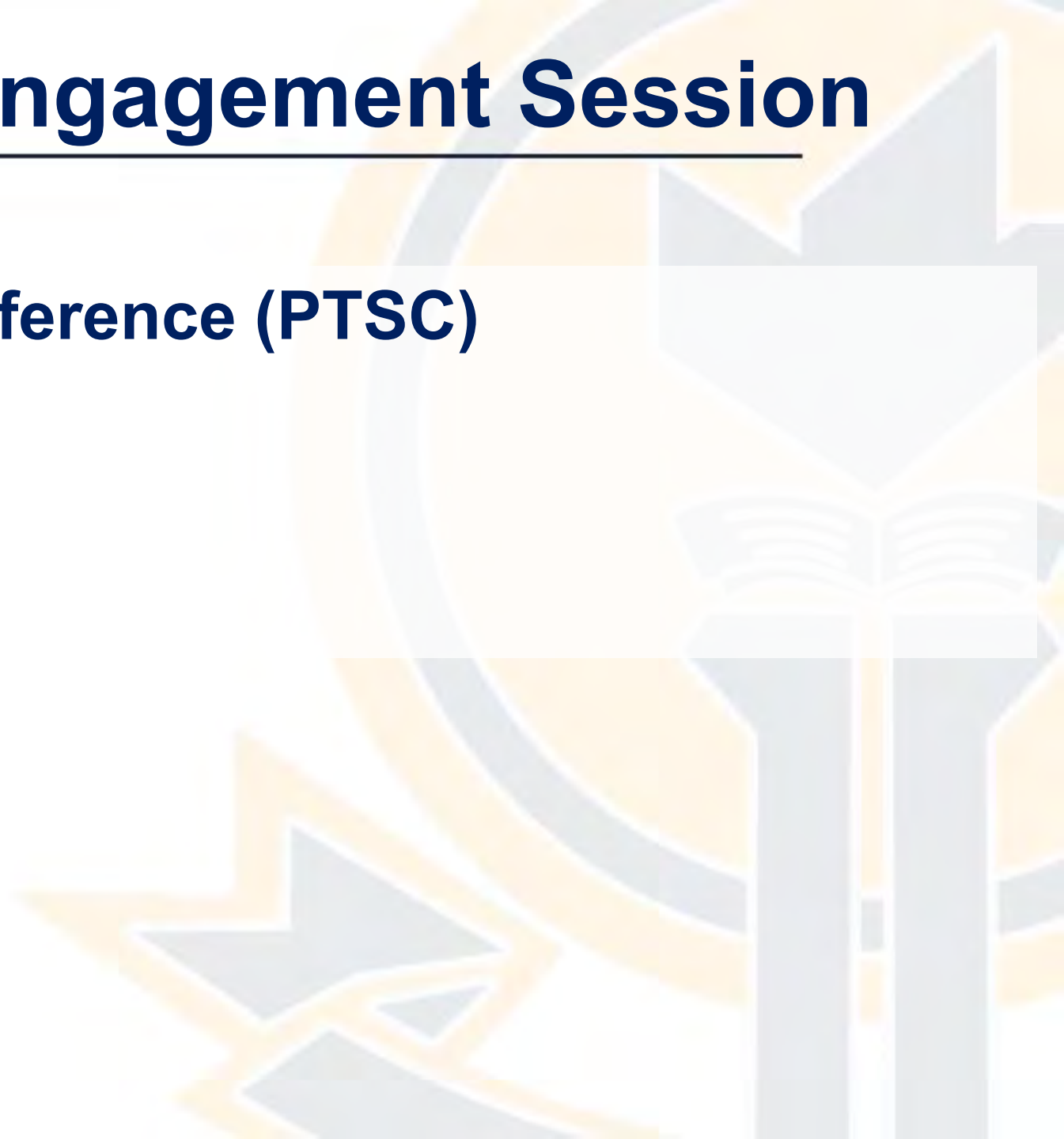


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Upcoming Parent Engagement Session

Parent-Teacher-Student Conference (PTSC)

- 23 May 2024 (Thursday)





Thank you for your Support, Trust & Partnership