

# Primary 2 Parents' Briefing Principal's Address



**Damai Primary School**

**Confident Individuals | Thinking Learners | Engaged Leaders**

22 January 2024

# Welcome To All Parents

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- **Wishing you and your family a safe and happy year ahead**
- **Looking forward to a strong partnership for 2024**



# Agenda

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## Principal's Briefing

1. Introduction of School Personnel
2. School Vision, Mission and Values
3. Parents - Partners in Education
4. Social Emotional Learning (SEL)
5. Other Important Matters

## Year Head's Briefing

1. General Matters
2. Assessment Matters
3. Holistic Reporting
4. P2 Level Programmes for the Year
5. Upcoming Parents' Engagement
6. Parents Kit – Starting School Right
7. Interaction & Briefings – Form Teachers in the Form Class

# Our Vision

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**Confident Individuals**  
**Thinking Learners**  
**Engaged Leaders**





# Our Vision

**Confident Individuals**

**who demonstrate SPARK values,  
communicate effectively and  
want to make a difference**

**Thinking Learners**

**who think critically and innovatively,  
and learns collaboratively**

**Engaged Leaders**

**who care and have the courage to  
want to contribute**



# Our Mission

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*To Nurture and Empower  
every Damaian  
to Learn, Grow, and Lead*



# OUR CORE BELIEF

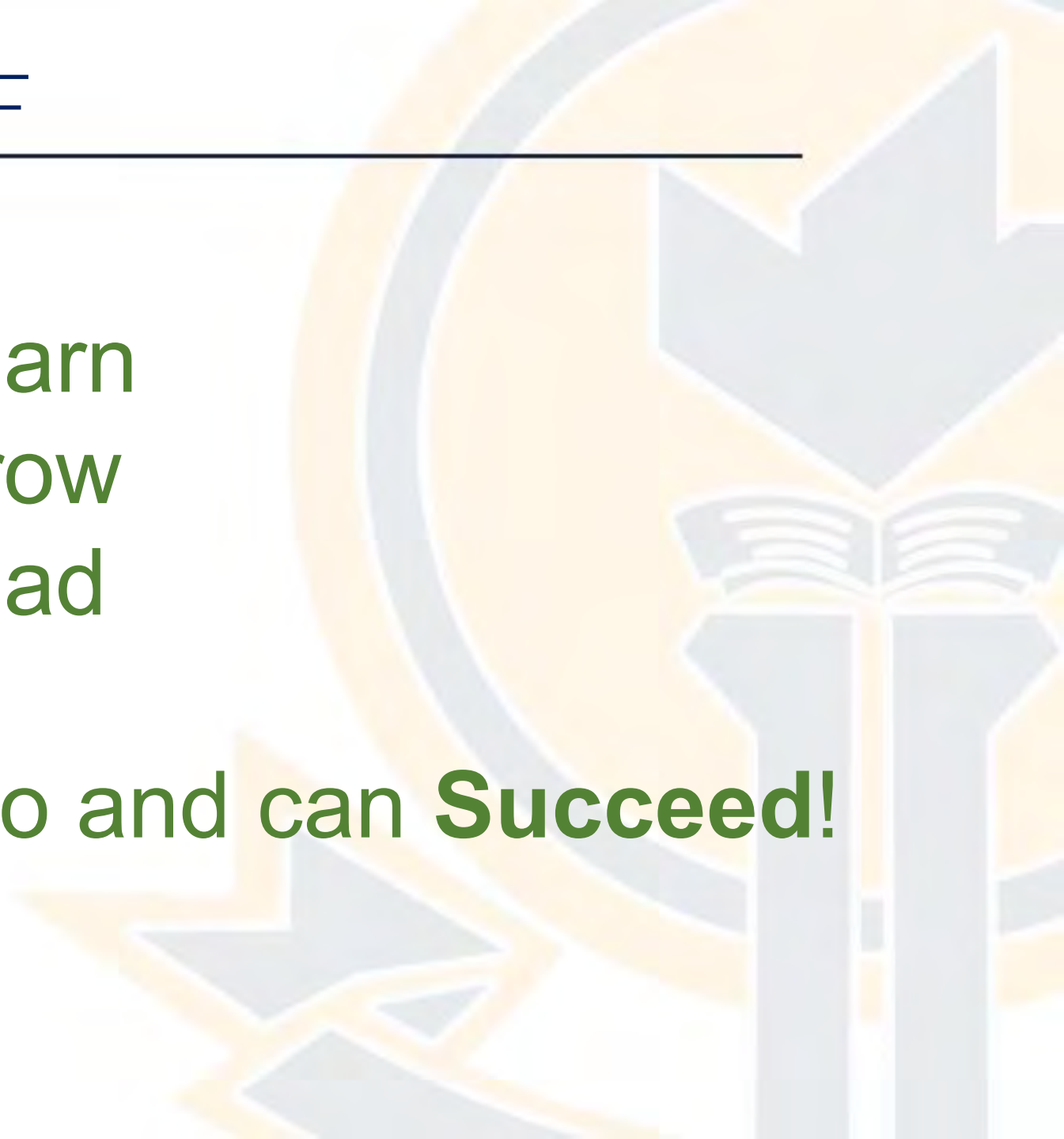
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Every Student Can Learn

Every Student Can Grow

Every Student Can Lead

Every Student wants to and can **Succeed!**



# DPS - A School of Care & Distinction

## Care

Showing concern (through thoughts, words & actions) for each teacher & student.

## Distinction

Marked by unique & quality learning experiences (based on student profile & school programmes).



# Our **SPARK** Values

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**S**incerity to self and others

**P**assion for learning

**A**spirational to succeed

**R**esilience in life

**K**indness to all



# Our **SPARK** Values

*“Every Damaian has self-discipline to uphold our SPARK values.”*

<b>S</b> incerity to self and others	Honesty / Care / Respect
<b>P</b> assion for learning	Responsibility / Self-directed / Curiosity
<b>A</b> spiration to succeed	Commitment / Seek to improve
<b>R</b> esilience in life	Perseverance / Adaptability
<b>K</b> indness to all	Helpful / Empathy

# Good Discipline

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- The school believes that good discipline is an important factor to help create positive school with a conducive environment for our students
- All Damaians need to know our school rules and adhere to them as expected
- Parents are our partners in this journey



# Good Discipline

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- Help us to educate Damaians
  - must be mindful of own actions/words
  - treat others the way you would like to be treated
  - respect personal space
  - interact / play safely
  - have the morale courage to be an upstander



# Good Discipline

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- When something happened
  - Tell the person to stop what he/she is doing
  - Share that you do not like it
  - Inform your teacher soonest possible
- DO NOT take things into your own hands





# Good Discipline

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- School is a safe place – **Zero Tolerance** for Unacceptable behaviour that
  - is hurtful and undermines others to feel safe and secure
  - hinders effective learning and healthy development



# Good Discipline – Beyond School

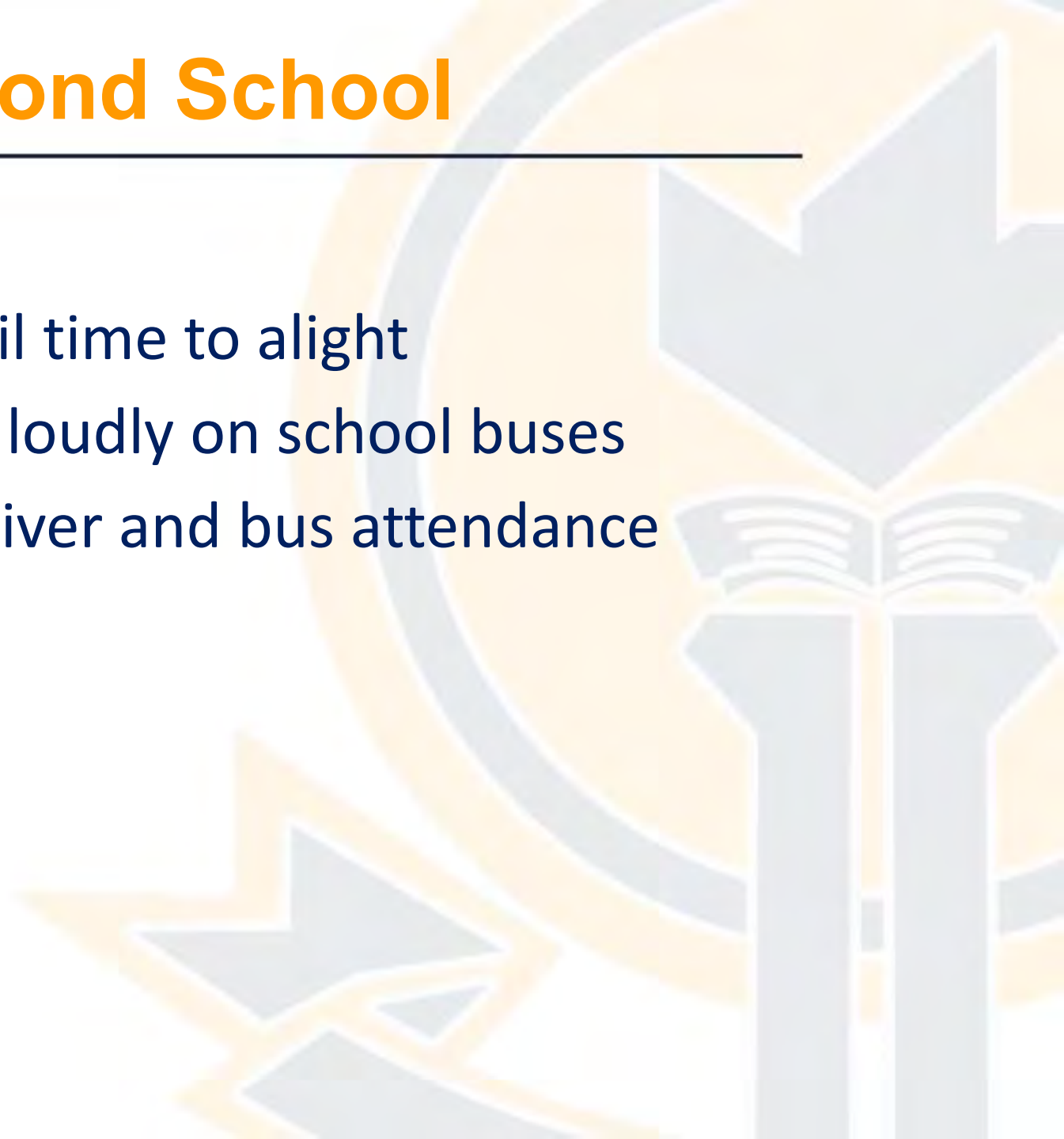
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- **Safety on school buses**

- Buckle up and be seated until time to alight
- No playing and avoid talking loudly on school buses
- Follow the instructions by driver and bus attendance

- **Safety in Cyber Space**

- Be respectful
- Be responsible
- Be a positive influence



# Remember

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In all that you do, always think before you act

1) Is it right or wrong?

2) Is it kind or helpful?

3) Will my parents/teachers be proud of me?



# In 2024

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- **Know that you are special and have strengths**
- **“Be the Best Me” every day**
- **Ask questions daily to learn better**
- **Be kind to everyone**
- **Do helpful / good deed daily**
- **Learn something new and share**



# In 2024

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- **Start the year right**
- **Work with your teachers**
- **Make friends and care for them**
- **Have a Growth Mindset and stay positive – Give your best!**



**Every Damaian wants to  
and can succeed!**



**In 2024**

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**Continue to learn, grow and lead in 2024**

**Be better than before -**

**Find your purpose and have a personal goal**

**Strive to achieve your personal best -**

**Every Damaian can do it!**

**Dream Big, Shine Bright**



# Parents are important partners in education

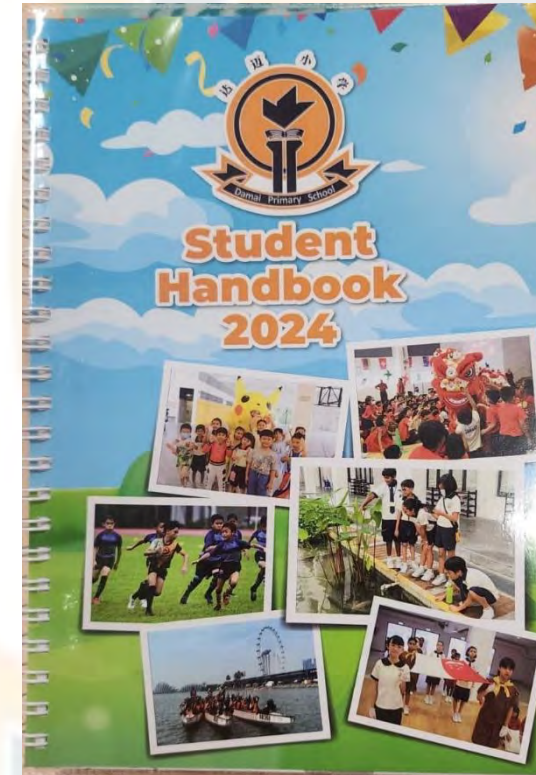
- **T**rust is the foundation
- **R**emember the child as our focus
- **U**nderstand our shared responsibilities
- **S**eek common ground
- **T**ogether, we work towards common goals



# Parent-Teacher Communication

At DPS, we value parent-teacher communication via

- Parents Gateway
- Student Handbook
- Emails
- Phone calls – via school line **6445 6483**
- Meetings
- School Website
- Letters to parents
- Parents' Briefings
- Parents-Teacher Meeting



# Parent-Teacher Communication

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- First point of contact – Form Teachers / Subject Teachers
- Level-related matters – Year Heads
- School-related matters – Admin Manager / School Leaders
- School is still the best point of contact

# Parent-Teacher Communication

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- Seek parents' understanding for the following:
  - Teachers can be contacted during **school days between 7.30 am and 5.30 pm**
  - Teachers may only be able to respond on the next working day if they are not contactable or unable to access their email promptly during the day or if the queries and / or requests are made beyond the school hours
  - Teachers will try their best to respond to all queries and feedback within 3 working days. For complicated matters / issues, we seek your understanding that more time may be required to resolve them before we get back to you.



# Parent-Teacher Communication

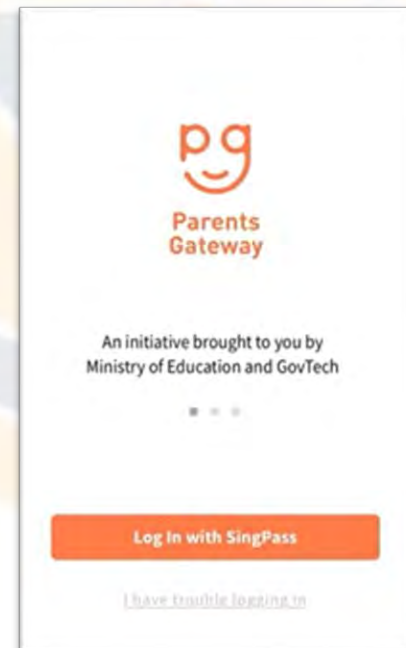
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- Seek parents' understanding for the following:
  - Teachers are not expected to respond to parents' and students' queries during the weekends except for emergencies.
  - If the queries and / or requests made during school hours are urgent, please contact the school's General Office for assistance.
  - Teachers are not expected to provide their personal phone number to parents.

# Principal's Letter to Parents

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- Keep a look out for the Principal's Letter to Parents
- Important information is available for parents to allow you to keep posted of the school matters
  - Through Parent Gateway (PG)
  - Keep your PG notification on



# Attendance in School

- Your child's attendance in school is important and compulsory
- Only when your child is in school will we be able to nurture him/her
- Let's work to support your child to have a good start to P2 in 2024



# **Attendance in School**

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- Help our children to cultivate the good habit of responsibility and punctuality in primary school
- Students are to report to the classrooms for attendance-taking and morning assembly by 7.30 am
- Ensure your child be in school 5 to 10 min before 7.30 am to give them time to reach the classrooms for morning assembly
- Students who are not in school by 7.30 am to participate in flag-raising together with the student population, will be deemed late for school
- Habitual late-coming will be noted and included in student's behaviour record which will impact the conduct grade of the students

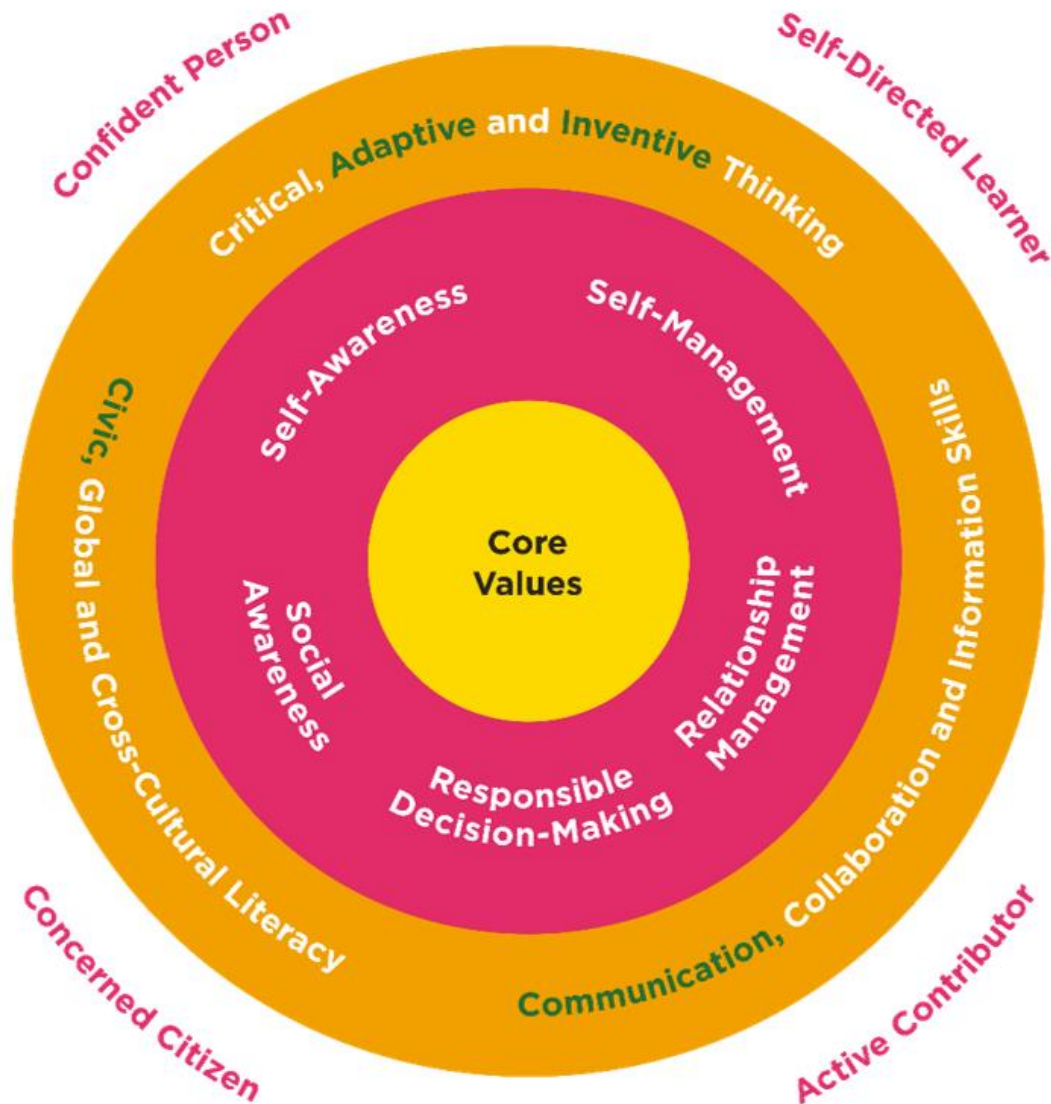
# **Social Emotional Learning (SEL)**

- Social Emotion Learning refers to the acquisition of skills for students to:
  - Recognise and manage emotions
  - Develop care and concern for others
  - Make responsible decisions
  - Establish positive relations
  - Handle challenging situations effectively



# Social Emotional Learning (SEL)

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- SEL competencies can be categorised into five interrelated domains:
  - Self-awareness
  - Self-management
  - Social awareness
  - Relationship management
  - Responsible decision making

SEL Competencies	Domains	Description
<b>Self Awareness</b>	Relate to the understanding of self which helps in managing one's emotions and personal behaviours	A person who understands his own emotions, strengths, inclinations and weaknesses is able to develop positive self-concept and self-worth.
<b>Self Management</b>		A person who manages himself effectively is able to manage his own emotions, exercise self-discipline and display strong goal-setting and organisation skills.

SEL Competencies	Domains	Description
<b>Social Awareness</b>	Relate to one's social interactions	A person who has social awareness is able to accurately discern different perspectives, recognise and appreciate diversity and demonstrate empathy and respect for others.
<b>Relationship Management</b>		A person who manages relationships well is able to establish and maintain healthy relationships through effective communication and is able to work with others to resolve conflicts.

<b>SEL Competencies</b>	<b>Domains</b>	<b>Description</b>
<b>Responsible Decision Making</b>	Relate to how one handles oneself, relate to others and deal with challenging situations when making moral and ethical choices	A person who makes responsible decisions is able to identify and analyse the implications and consequences of decisions made based on sound moral considerations.

# Outcomes of SEL

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- Through SEL, our students acquire **skills, knowledge** and **dispositions** to manage self and relationships effectively and make responsible decisions essential for personal and social well-being.
- Research shows **a strong link** between SEL and student outcomes in the areas of mental well-being, character development, school success, career success and responsible citizenship.



# **Damaians to**

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- Attend school regularly
- Take learning during lessons seriously
- Develop good study habits
- Complete homework and learning activities given
- Exercise self-discipline and diligence to revise daily
- Seek clarification and help from teachers, classmates or friends when they face difficulty
- Demonstrate Passion for Learning, Aspiration to Succeed and Resilience in Life

# School-Home Partnership

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- Proper school uniforms/PE attire – **include name tag**
- School driveway – **drop and go**
- Safety – utmost importance

Eg Follow safety rules,

Be punctual in picking up your child



# Safety Reminders

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## School Zone and Enhanced School Zone



**Lower speed limits in School Zones help create a safer road environment for school-going children.**



**Prominent “Slow” and “School” markings painted on the road**



**Red finishing for parts of road surfaces near school gates**



# Safety Reminders

## Road Markings



**Continuous white line.**  
Vehicles should keep to the left of this line. No parking on either side of the road at all times. Violation of this rule attracts a fine.



**Single white stop line.**  
Stop to check the traffic situation ahead before moving off.



**Unbroken double yellow lines.**  
No parking on this side of the road at all times, except for immediate pick-up and drop-off only. Violation of this rule attracts a fine



**No U-turn –  
Without U-turn sign available**



**No parking  
along this stretch of road**

# At Damai Primary School

- Provide a safe and conducive learning environment
- Have supportive and caring teachers and staff to journey with your children for their holistic development
- Be our supportive partners for your children
  - Work closely with the teachers
- Be the positive role models for our Damaians

**Dream Big, Shine Bright**

**Have a great 2024 ahead!**



# RESILIENCE-FOSTERING INTERACTIONS

Give our Children **S.P.A.C.E** to grow

**S**UPPORT

- Provide positive feedback
- Be willing to listen

**P**ROBLEM SOLVE

- Reflect on setbacks together
- Guide your child to develop alternate plans

**A**FFIRM

- Affirm strengths and efforts
- Use of effective praise

**C**HEER

- Cheer your child on for every effort
- Celebrate all successes, even small ones

**E**MPOWER

- Let your child make decisions
- Encourage your child to voice his/her ideas, and carry out the plans made

## PROVIDE ADEQUATE CHALLENGE

### • Stimulating Environment

- Provide opportunities for challenges
- Nurture your child's talents

### • Structure

- Set consistent and realistic expectations
- Maintain daily routines with clear boundaries
- Assign responsibilities (e.g. household chores)

### • Supervision

- Monitor your child's progress
- Look out for signs of distress



## PROVIDE HIGH SUPPORT

### • Responsive Environment

- Know your child's needs
- Be present

### • Role Modelling

- Role model social skills
- Be consistent in teaching and setting examples

### • Reassurance

- Encourage your child regularly and intentionally
- Tell your child "I believe in you"



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# P2 Parents' Briefing

22 January 24



**Damai Primary School**

**Confident Individuals | Thinking Learners | Engaged Leaders**

Mrs Nadira Khan  
Year Head (Lower Primary)

# Information Presented

- Slides will be posted onto school website by 9<sup>th</sup> February 2024.



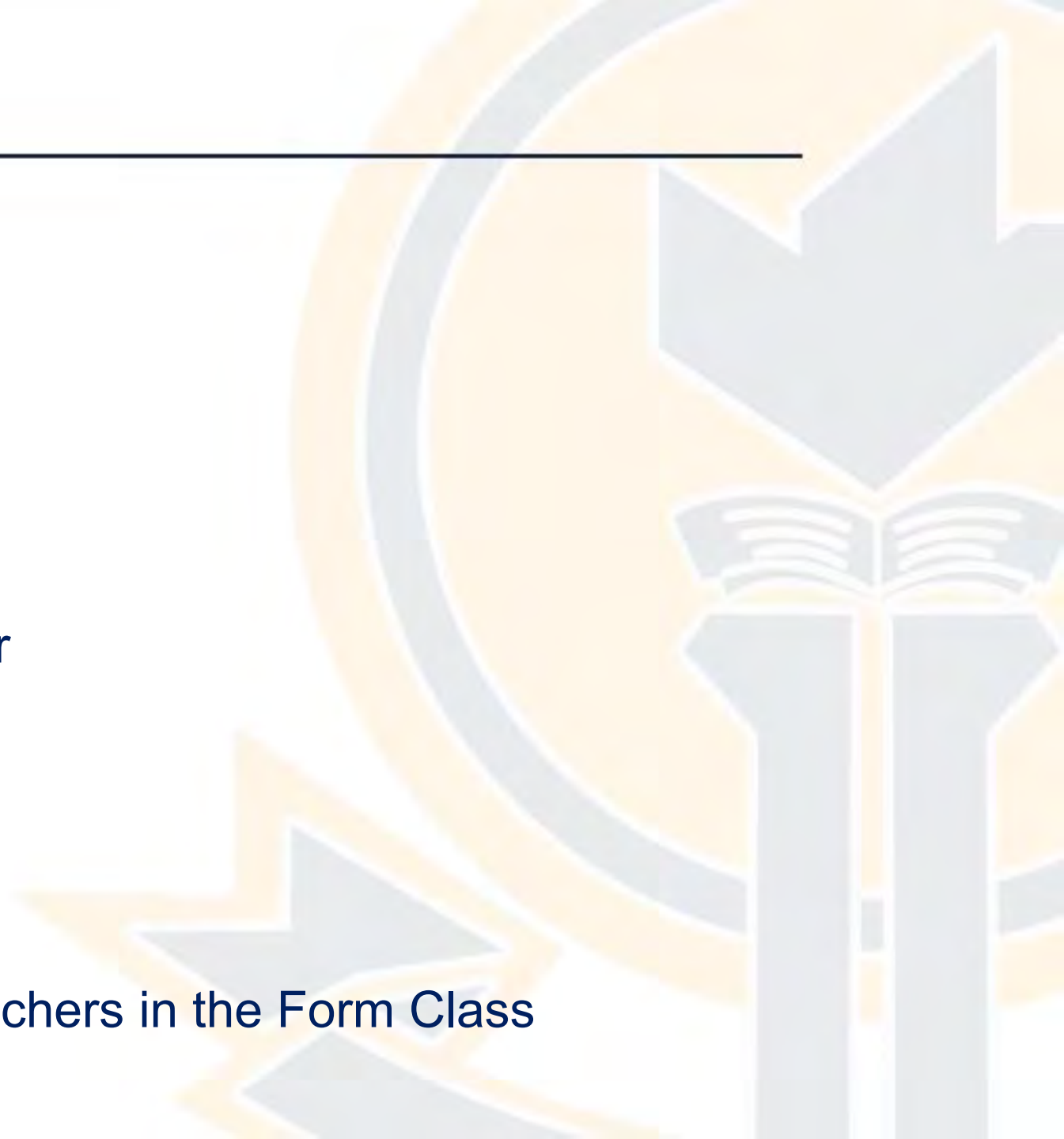
The screenshot displays the homepage of the Damai Primary School website. At the top left is the school's logo, a circular emblem with a book and a torch, and the text "Damai Primary School" in blue. To the right is a search bar and a "CONTACT US" button. Below this is a horizontal navigation menu with six items: "OUR SCHOOL", "HOLISTIC EDUCATION", "SCHOOL EXPERIENCE", "OUR STAKEHOLDERS", "ACHIEVEMENTS", and "QUICK LINKS". The main content area features a large, colorful 3D architectural rendering of the school building. Below the rendering, the text "Damai Primary School" is written in a large, white, cursive font. At the bottom, there are four columns of content: "ANNOUNCEMENT" (with a blue header), "CALENDAR OF EVENTS" (with a blue header), "NOTIFICATION" (with a blue header), and "LINKS FOR PARENTS" (with an orange header). The "ANNOUNCEMENT" section contains a link titled "Parents' Briefing PSLE 2021 Updates and Subject-Based Banding" with a subtext "Please click the title for more information". The "LINKS FOR PARENTS" section lists five items: "Principal's Memo", "Parents' Briefing 2020", "School Services", "Recommended Sites", "Parents Gateway", and "Student Learning Space". At the very bottom, a footer contains the text "Copyright © 2020 Damai Primary School | Terms of Use | Privacy Statement | Sitemap | Report Vulnerability".

# Agenda

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## Briefing by Year Head

- General Matters
- Assessment Matters
- Holistic Reporting
- P2 Level Programmes for the Year
- Upcoming Parents' Engagement
- Starting School Right – Parent Kit
- School-Parent Partnership
- Interaction & Briefings – Form Teachers in the Form Class



# Year Head (Lower Primary)

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- Mrs Nadira Khan

Email : [nadira\\_abdullah@schools.gov.sg](mailto:nadira_abdullah@schools.gov.sg)

Telephone : 64456483





# Hey, are you feeling stressed?

Faced with many challenges in life? You can learn to tackle them.

I can't finish my revision. I'm so stressed!



## Tackling Exam Stress

- Start revision early.
- Stick to a revision timetable.
- Set realistic targets.
- Seek help when in doubt.
- Be prepared.

I just can't face my problems.



## Staying Positive

- Believe that you can face any challenge.
- See the positive side of any situation.
- Mistakes are not failures. Learn from them.
- Be strong.

I'm really angry!



## Managing Anger

- Do not use hurtful words. Walk away.
- Take a few deep breaths.
- Think through the problem and resolve it calmly.
- Stay cool.

I need a break!



## De-stressing and Relaxing

- Talk to your family, teacher or friend.
- Exercise or play a sport with your friends.
- Go for a movie or read your favourite novel.
- Be happy.

## HAVE YOU TRIED ANY OF THESE TIPS?

Share these tips with your friends and help them cope with their challenges too!

To find out more about managing your mental wellness, visit [www.hpb.gov.sg](http://www.hpb.gov.sg) or call HealthLine at 1800 2231313.

# Assessment Matters

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- Written assessment
- Oral assessment
- Activity-based assessment
- No weighted assessment and examinations in Primary 1 & 2

- ✓ Shorter assessments
- ✓ More and richer feedback
- ✓ Appropriate types of assessment

# HA Communication Modes

Communication 'Modes' (Evidence of Learning & Development)



**Pupil Portfolio**



(Achievement, Holistic Development, Growth, Progress)

**Pupil Progress Card**

**Pupil Holistic Report Card**

Subject	1st Term	2nd Term	3rd Term	4th Term	5th Term	6th Term	Overall
Chinese	85.0	88.0	90.0	92.0	95.0	98.0	A
English	88.0	90.0	92.0	95.0	98.0	100.0	A
Mathematics	85.0	88.0	90.0	92.0	95.0	98.0	A
Science	85.0	88.0	90.0	92.0	95.0	98.0	A
History	85.0	88.0	90.0	92.0	95.0	98.0	A
Art	85.0	88.0	90.0	92.0	95.0	98.0	A
Music	85.0	88.0	90.0	92.0	95.0	98.0	A
Physical Education	85.0	88.0	90.0	92.0	95.0	98.0	A
Personal and Social Education	85.0	88.0	90.0	92.0	95.0	98.0	A
Health and Physical Education	85.0	88.0	90.0	92.0	95.0	98.0	A
Information Technology	85.0	88.0	90.0	92.0	95.0	98.0	A
Home Economics	85.0	88.0	90.0	92.0	95.0	98.0	A
Language Learning	85.0	88.0	90.0	92.0	95.0	98.0	A
Character and Citizenship Education	85.0	88.0	90.0	92.0	95.0	98.0	A
Other	85.0	88.0	90.0	92.0	95.0	98.0	A
<b>Overall</b>	<b>85.0</b>	<b>88.0</b>	<b>90.0</b>	<b>92.0</b>	<b>95.0</b>	<b>98.0</b>	<b>A</b>

**Results Slip**



**Child & Learning Environment**

(Display of Children's Work: Physical /Digital)



# How will this benefit my child?

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- More opportunities to show learning
- Caters to wider range of learning styles
- Regular and timely feedback

- More confident
- Motivated to learn
- Enjoys learning



# Holistic Reporting @ Damai

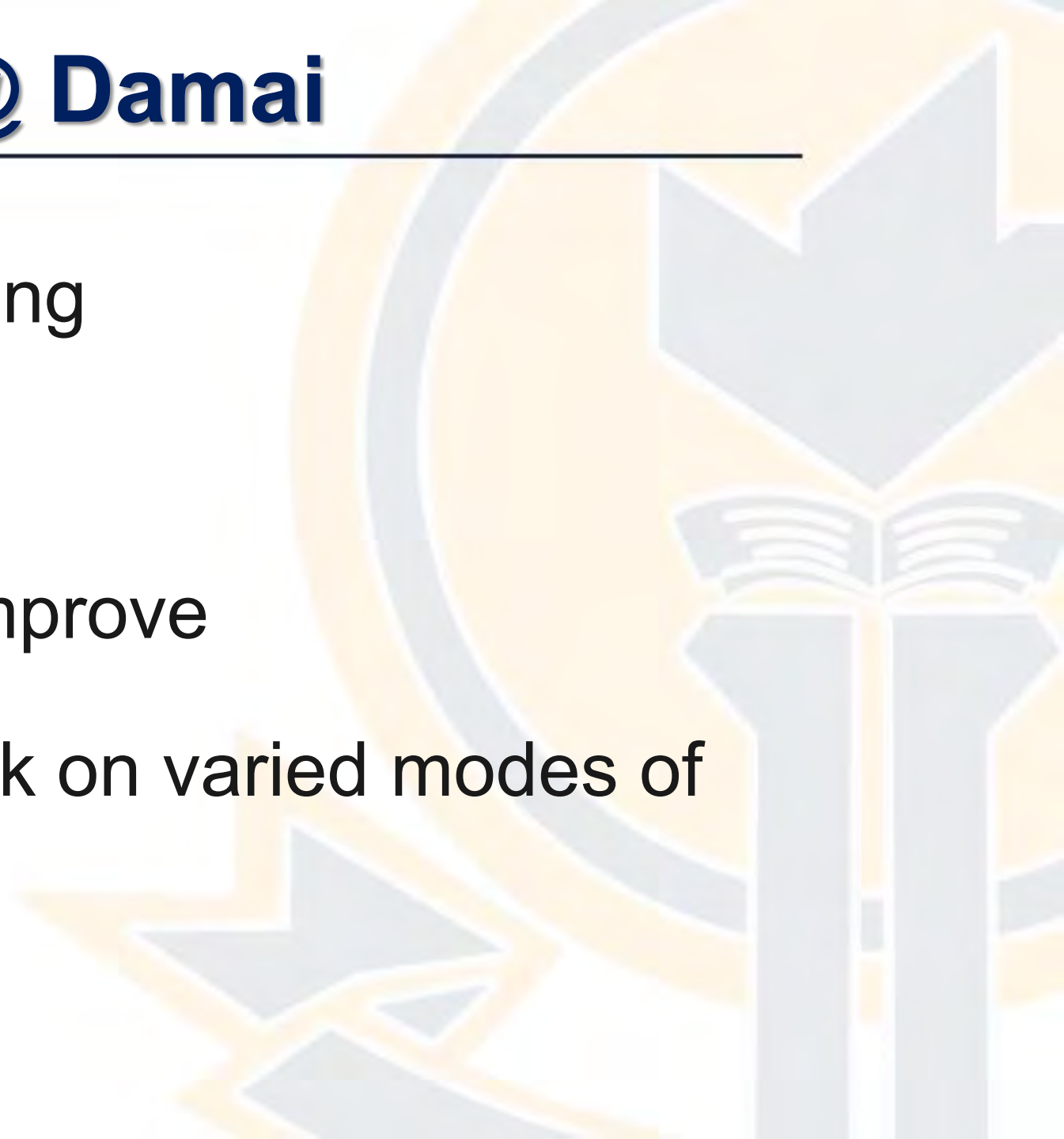
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- In the black file, you will find your child's
  - ✓ Termly Reflections
  - ✓ Semester Progress Cards
  - ✓ Assessments – Weighted and Non-weighted
  - ✓ Certificates of achievement

# Holistic Reporting @ Damai

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- Promote reflective thinking
- Have a growth mindset
- Emphasise on how to improve
- Provide regular feedback on varied modes of assessment





# **General Matters - Attendance**

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**Students are to attend school daily unless they are unwell. They are also to be punctual for all school activities.**

Parents are advised to

- Inform the school on their child's absence in the morning
- Inform both form teachers of child's absence where possible
- Submit the following documents to school upon your child's return to school:
  - Medical Certificate from a doctor (for unwell cases)
  - Parent Letter

# Our Level Programmes

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- Start it Right Programme
- Road Safety Walk
- Values In Action Programmes
- Learning Journeys
- Learning for Life Programmes (LLP)
  - SPARKs@Play
- Applied Learning Programmes (ALP)
  - Digital and Media Literacy @ Damai
- Support Programmes
  - Learning Support – Maths (LSM)
  - Learning Support – English (LSP)



# Looking forward to..

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- PAL Lessons – Outdoor activities, Visual Arts, Sports & Games and Performing Arts
- Mother Tongue Speech & Drama
- Learning Journey to National Orchid Garden
- Aesthetics Learning Journey to Esplanade
- Mother Tongue Fortnight

# Snack Break (10 mins @ 11.20am)

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- Important part of a child's diet
- Manage hunger and fill nutrients gaps
- Boost well-being



Choose something which is healthy, simple and fast to prepare!

# Upcoming Parents' Engagement Session

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Parent Teacher-Student Conference (PTSC)

Thursday 23<sup>rd</sup> May 2024





# Starting School Right

## Parent Kit

**Missed our  
last issue?**

[Click here](#) for our  
previous Parent Kits



Ministry of Education  
SINGAPORE

# Welcome to the new school year!

To ensure our children transit smoothly back to school and complement the efforts of the school, we can equip our children with skills to enjoy their school life.

Read on to find out what you can do at home to help our children develop resilience, set good goals, and teach them how to relate to others.





# 1. Complement the school's efforts by knowing and supporting your child

Encourage your child to reflect on their experiences in school by having regular conversations with them. By simply recalling and sharing what they have learnt and experienced, they reinforce their learning in school and reflect on their experiences.

These conversations also help us better understand their experiences and allow us to journey with them. Here are some conversation starters:



## For Primary Students

- What was your happiest moment in school today?
- Was there anything that didn't go well for you in school today?
- What are you looking forward to in school tomorrow?

## 2. Help your child think about what they want to achieve this year

These goals could be diverse and simple, like keeping notes for a certain subject, reading more, learning something new in a CCA, or even just wanting to be a kinder person this year.



For younger children, the first step is to slice their goals up into manageable portions. Instead of a chat, **turn it into a fun, crafty activity!** Check out our Instagram account for more details.

LEARN HOW TO  
RIDE A BIKE

SLEEP BY 11PM

HELPING OUT  
WITH HOUSEWORK

EAT FRUITS  
EVERYDAY





### 3. Help your child relate to others

A large part of what makes school memorable for our children is the friendships forged, but sometimes working up the courage to make new friends can be daunting.

Encourage your child to be kind to others by taking the initiative to talk to their schoolmates. Have your child ask them about their day. A simple "How are you?" and a word of encouragement can make someone's day!



Being kind is one way to make lots of friends! Check out our [Instagram post](#) for some tips.





## 3. Help your child relate to others

### For Primary Students

If your child is in a new class, encourage them to speak to one new person during recess. They could also try speaking to the classmate sitting nearest to them in class. Need tips? Here are some recommendations from some primary school children:

You talk to the person next to you by telling him your name. Then, you wait for him to tell you his. Then, you become friends!

– Brennan, 8 years old

First, breathe in and breathe out. After that, build up your courage so say, “Hi!” But, if the person is still uncomfortable to be your friend, give her some time. You can’t force other people to be your friend.

– Mabel, 8 years old

I would say, “Hi! Do you want to be friends?” I’ll say what my hobbies are.

- Danish, 10 years old



For more activities on making friends, check out the links below to Kindsville Times!

• [Kindsville Times Junior \(P1-2\)](#)

• [Kindsville Times Adventures \(P3-4\)](#)

• [A-OK! \(P5-6\)](#)

## 4. Help your child build resilience

Learning from challenges and difficult experiences makes us stronger. It is important to help your child adopt positive mindsets so that they develop the resilience and perseverance to overcome future difficulties.

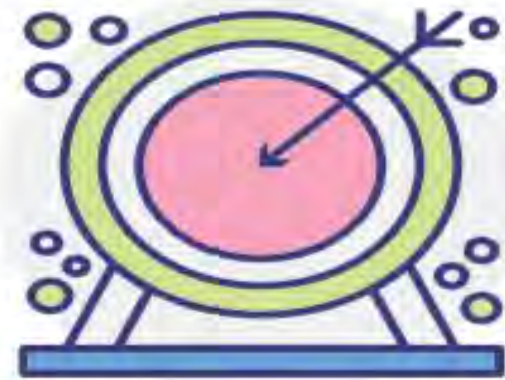


What is a resilient child? It is a child who adapts positively despite setbacks and perseveres in the face of challenges.

**Resilience can be nurtured! Here are some ways:**

**a) When faced with a challenge, guide them to set and move towards their goals.**

This encourages them to have a focus and move forward in the face of challenges. Check out page 5 for how you can set goals with your child.





## 4. Help your child build resilience

**b) Facilitate and practice the problem-solving process with them.**

**Remember S.O.D.A.S:**

- Identify the **S**ituation
- Explore 2 to 3 **O**ptions within their control
- Think of **D**isadvantages of each option
- Think of the **A**dvantages of each option
- Select the overall best **S**olution

**This will help them find alternative solutions to their problems and build their confidence in overcoming challenges.**



## 4. Help your child build resilience

**c) If they are unable to think of a solution to their challenges and are feeling anxious, reframe their thinking by asking them these questions:**

**1**

How do you feel about this situation? What's going through your mind?

**2**

Why are you feeling this way? What caused you to have these thoughts?



**3**

It might seem this way... but is there another point of view we can take?

**4**

Thinking about it again, how do you feel about the situation now?



## 4. Help your child build resilience



### Try Gratitude Journaling!

Positive thinking can also be made into a daily practice. You can start a gratitude journal together with your child to remind them that despite the circumstances, there is always something to be grateful for. It's as simple as recording three things they are grateful for every day. These things could be as small as weekends with the family or an extra serving of their favourite dish during dinner.

When they are feeling down, reviewing their journal will help them recognise that there are always small moments of joy if we look for them.



For more tips on building resilience, check out our tips [here](#).

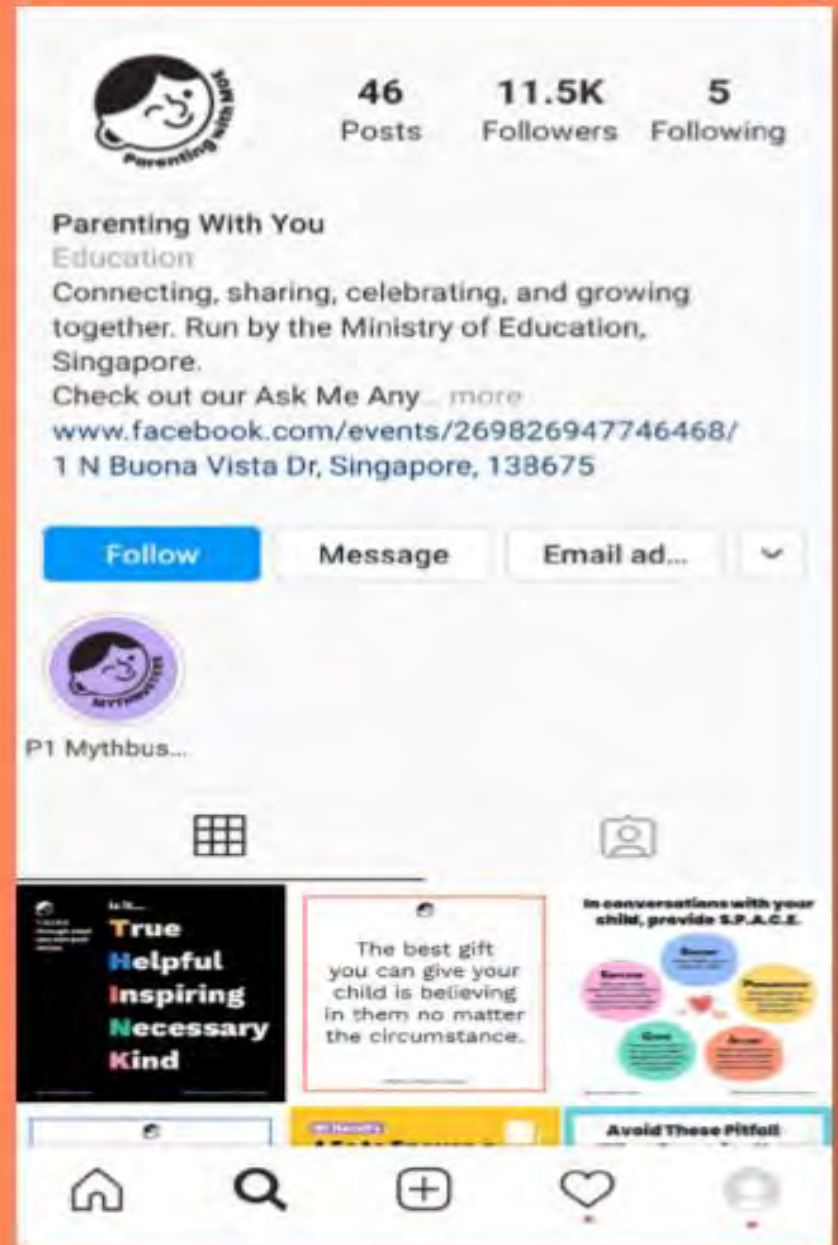




**We want to  
share more than  
parenting tips  
with you.**

Check out our Instagram page for parents to connect and celebrate the ups and downs of parenting, share tips and stories on the parenting experience, and grow together.

Follow us [@parentingwith.moesg](https://www.instagram.com/parentingwith.moesg)



# School-Parent Partnership



**Damai Primary School**

**Confident Individuals | Thinking Learners | Engaged Leaders**



# How can we support you better?



- Increased involvement of parents in their child's educational journey
- School-Home Partnership help to clarify what meaningful parent engagement looks like

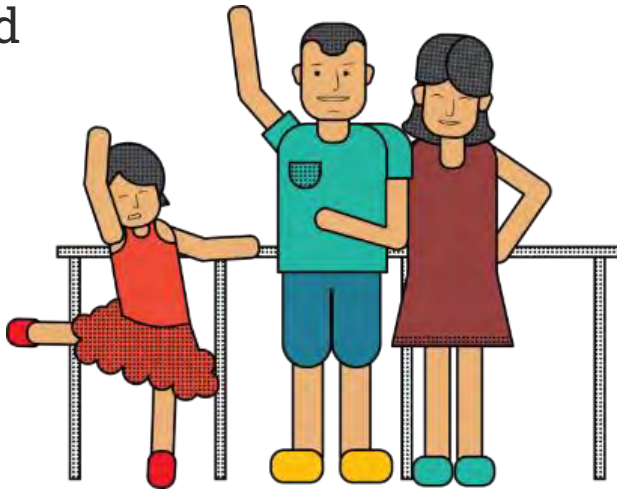
# Partnering the School

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**1** Knowing your child

**2** Developing your child

**3** Keeping in touch with the school



# DEVELOPING GOOD HABITS

- **How parents can help:**

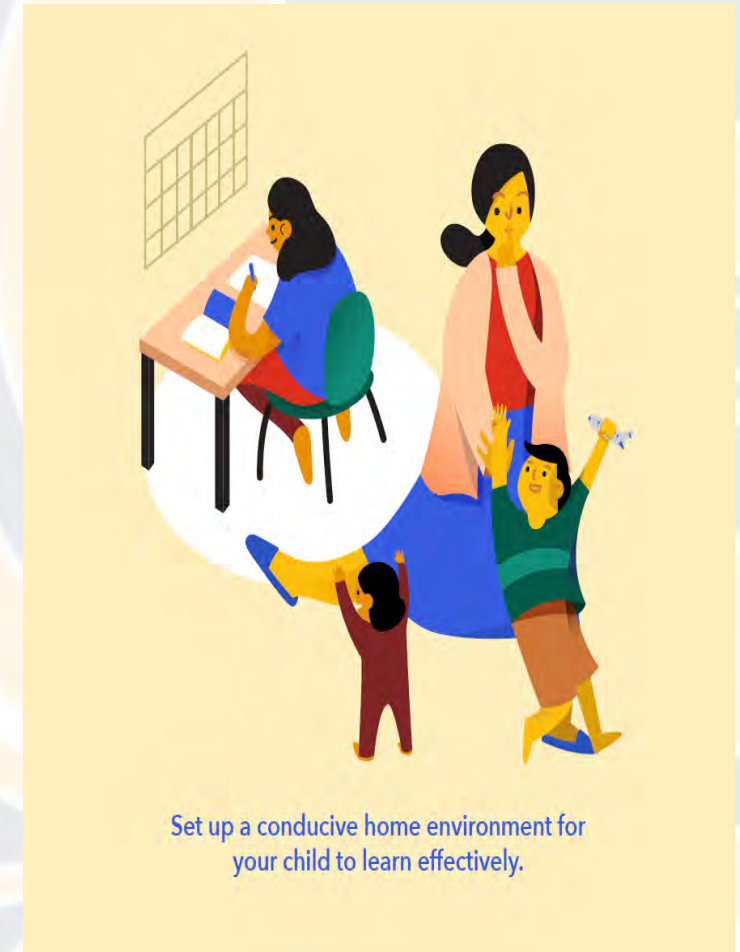
- *Routines at Home*

- Setting up a conducive home environment.

- e.g. At home, set up a well-lit desk and a study area*

- e.g. Parent could read with their children, set them housework etc.*

- Encourage your child to pack his/her own schoolbag and bring required items to school





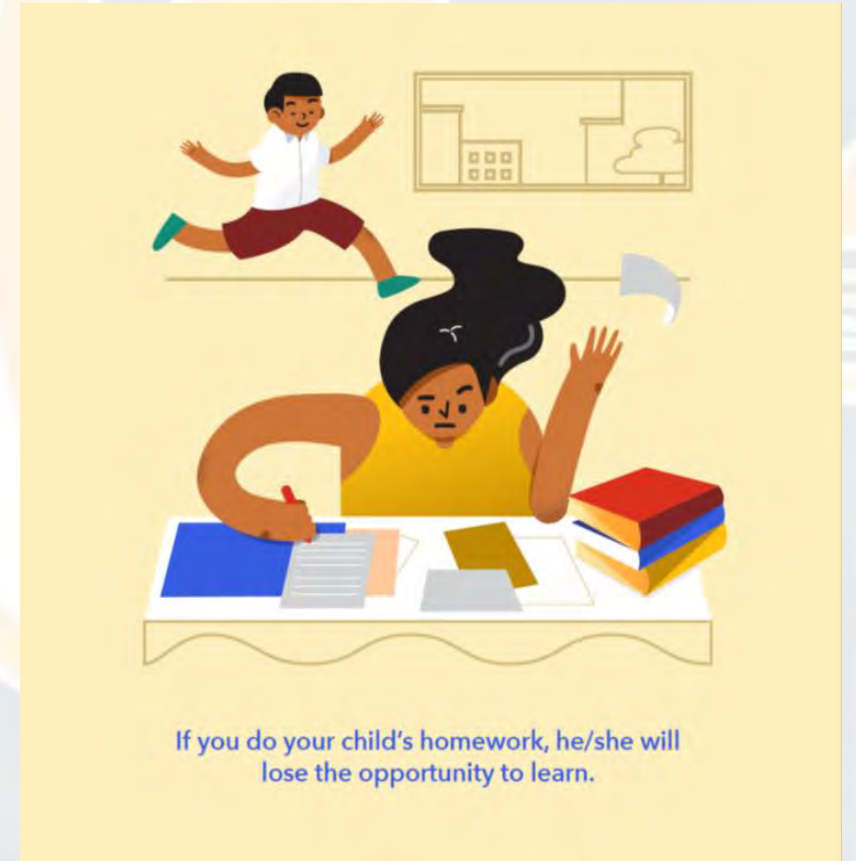
# DEVELOPING GOOD HABITS

- **How parents can help:**

- *Self-directed Learner*

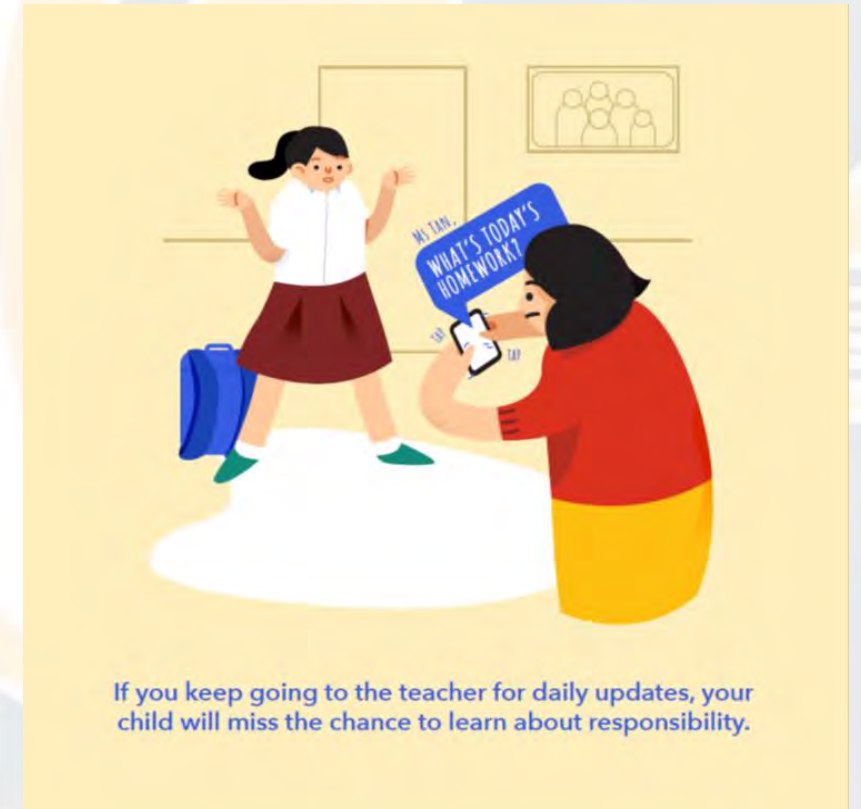
## Homework and Learning Support

- Allow your child to attempt the homework on his/her own
- Encourage your child to approach the teacher if he/she needs help with homework
- Parents should ask their child about what they have jotted down in their Student Handbook as opposed to contacting the teacher.



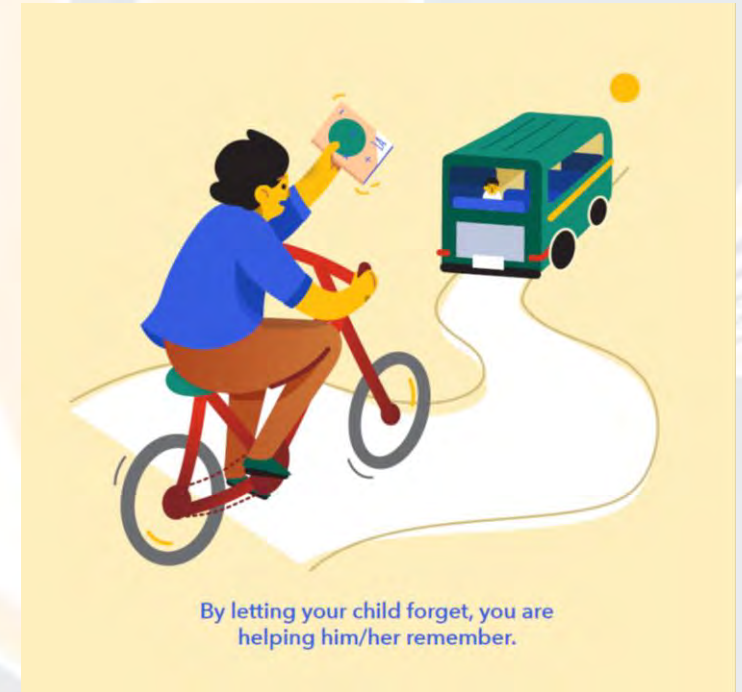
# MANAGING SELF

- **How parents can help:**  
*Self-directed Learner*
- Work with your child's teachers to understand his/her strengths, interests and development in academic and non-academic areas.
- Recognise your child's small successes beyond academic results
- Praise your child for his/her efforts, without focusing only on the outcome



# MANAGING SELF

- **How parents can help:**  
***Self Management on Building Resilience***
- To try and not to give up if facing challenges
- To manage friendship issue
- To instil self-discipline



# School-Home Partnership

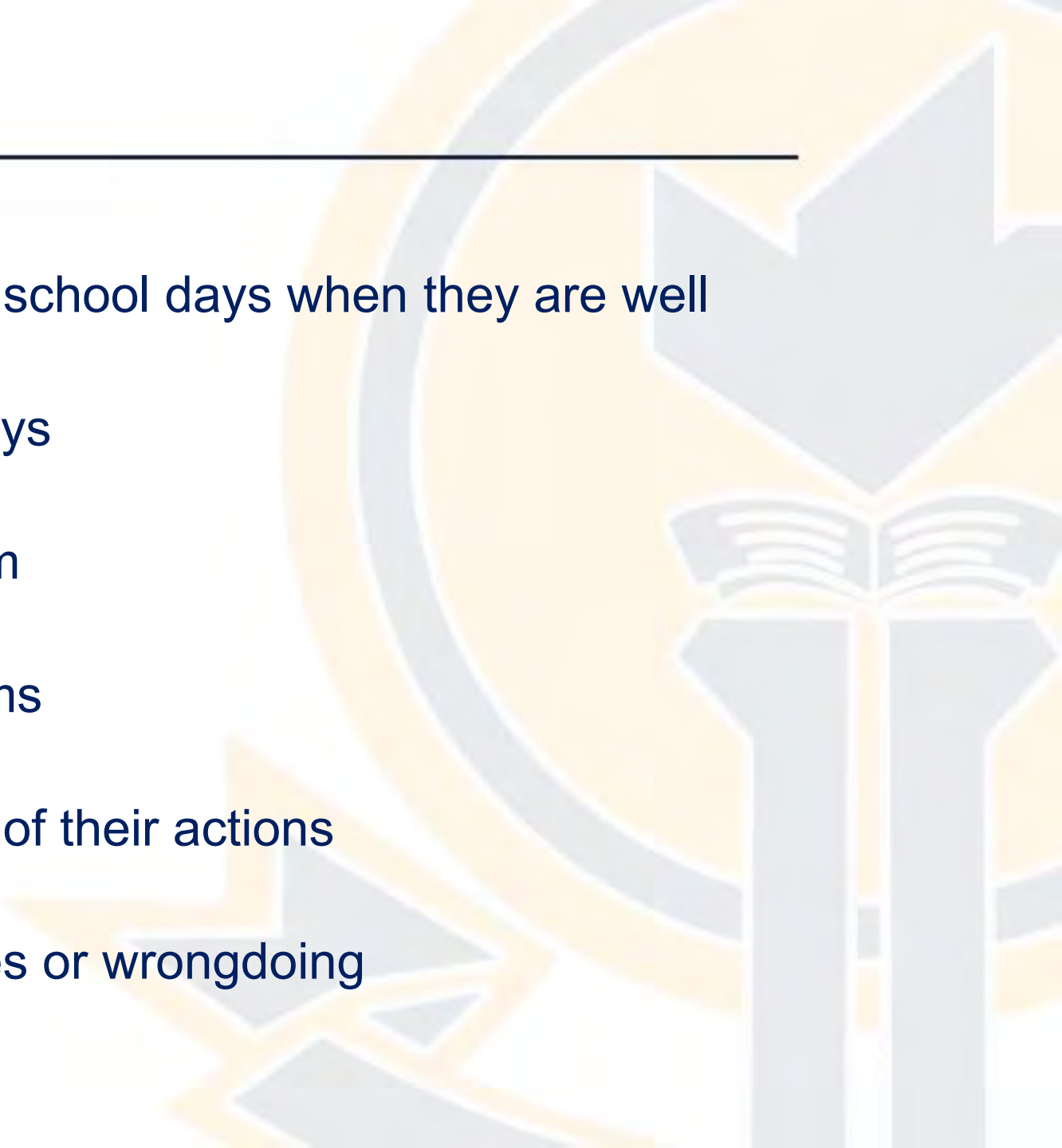
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- Familiarise yourself with school communication platforms
- Read the Student Handbook, parent memos & notifications
- Build good relationships & trust the teachers to want the best for each student
- Encourage friendships
- Volunteer in school activities & PSG



# PARENTS MUST NOT

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- Allow the child to stay at home during school days when they are well
  - Bring them overseas during school days
  - Do homework or assignments for them
  - Make Home Delivery for forgotten items
  - Rescue them from the consequences of their actions
  - Hide or give reasons to justify mistakes or wrongdoing
- 

# SUPPORT YOUR CHILD

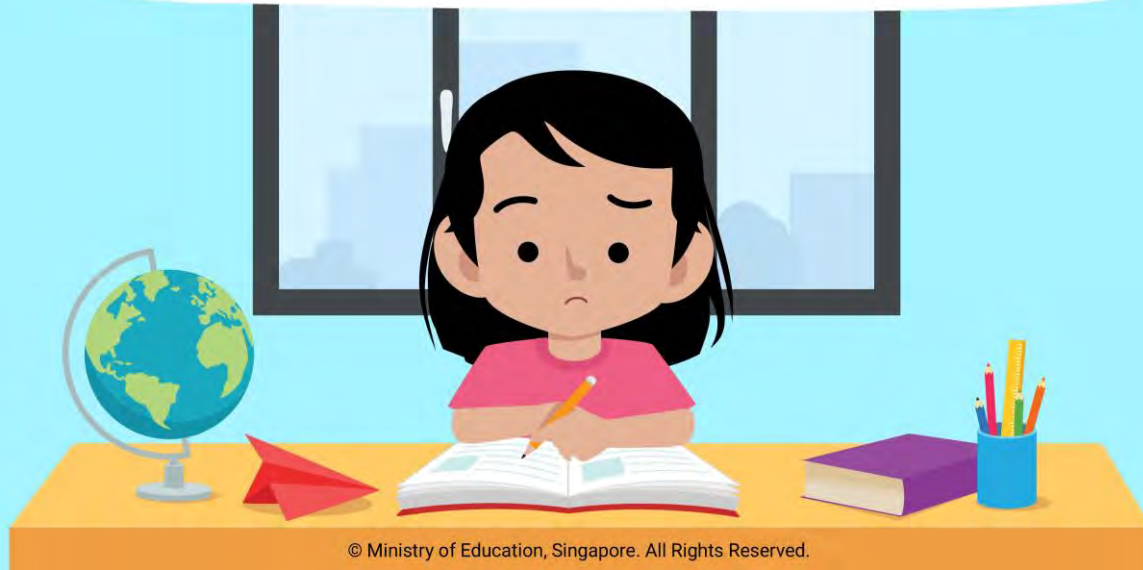
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## BE THERE:

- **Believe** in your child; emphasize on his/her strengths
- **Encourage** your child to give his/her best
- **Treasure** the process of learning, and not just focus on the results
- **Help** your child develop a structure and routine for studying
- **Expect** realistically what your child is capable of; help him/her experience success
- **Recognise** the symptoms of stress/anxiety and address them
- **Empathise** with your child regarding the challenges s/he is facing

# SOME QUESTIONS YOU MAY HAVE...

**My child takes so long to complete her work. Will she fall behind?**



Children pick up time management at a different pace and can improve with help.

## Support your child in time management

- Parents can model this with your child at home with small tasks and everyday activities
- If you find your child struggling with completing their tasks or homework within a given time, it could also mean that they are not sure how to go about completing them
- If you notice any learning issues, do reach out to the school early

**Be specific about how much time they should spend on the work, and what time they should complete the work.**

# SOME QUESTIONS YOU MAY HAVE...

**Help, my child doesn't know how to ask for help!**



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Asking for help may not seem obvious to a child.

## Teach your child how to ask for help

- Here are some steps you may teach your child:
  - **Step 1:** Look for someone who can help
  - **Step 2:** Check if that person has the time to help; if not, look for another suitable person
  - **Step 3:** Share what the problem is and how they feel
  - **Step 4:** Listen carefully to the advice given
  - **Step 5:** Thank the person for the help

**Practise with your child how to ask for help. Remember to affirm them for their efforts.**



# PARENTS GATEWAY RESOURCES



Schools may access the video via:

<https://youtu.be/PCM5o8jAncc>



Schools may access the video via:

<https://youtu.be/tW9jwyuovOo>

**SCHOOLBAG**  
THE EDUCATION NEWS SITE

HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > [Every Parent's Buddy: The Parents Gateway app](#)

## Every Parent's Buddy: The Parents Gateway app

23 AUG 2022

5 reasons to sign up for the Parents Gateway app if you haven't done so already.

Related

- [Every Parent's Buddy: The Parents Gateway app](#)
- [Strengthening Community Ties Through Social Media](#)

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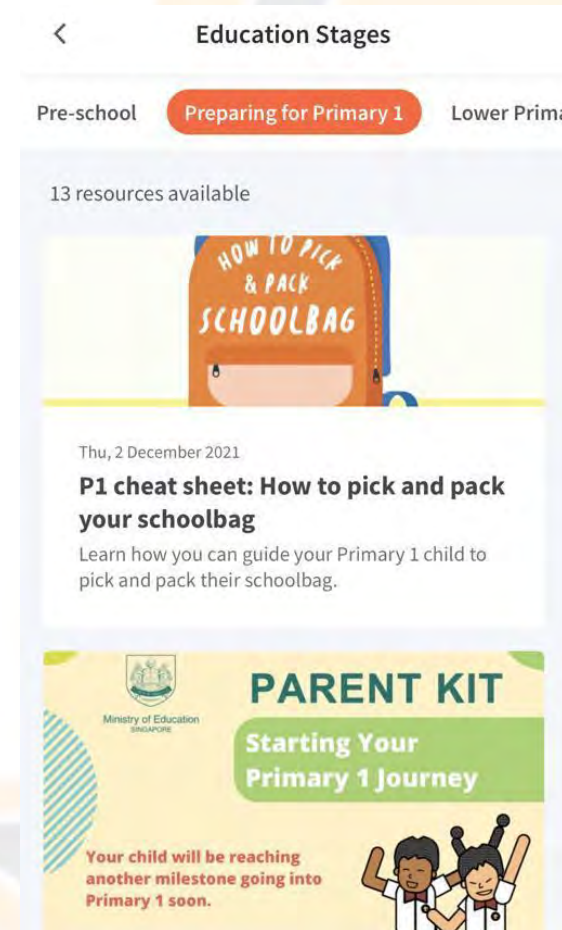
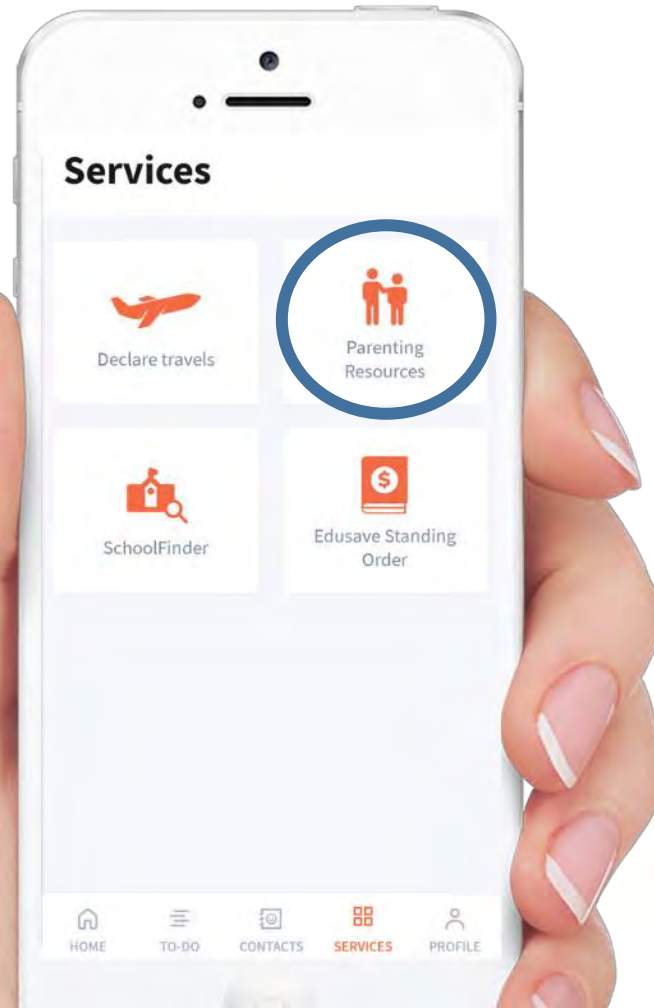
Let's get started  
We'll be retrieving your child's information

<https://go.gov.sg/every-parents-buddy-the-parents-gateway-app>

# ONLY ON PARENTS GATEWAY! A ONE-STOP PORTAL OF RESOURCES

## Parenting Resources repository

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Find out more about Parents Gateway here.