



2025/110

24 March 2025

Dear Parents and Guardians,

1. Welcome Back

We hope our Damaians had a restful and rejuvenating break. As we step into a new term together, let's embrace learning with passion, enthusiasm, and resilience. May Term 2 be a journey of new discoveries, deeper understanding, and personal growth!

2. Student Matters

i. Travel Declaration for March School Holidays

If you have overlooked the travel declaration for the March school holidays, we would like to seek your kind cooperation to submit it by Friday, 28 March 2025. To make a declaration for your child/ward via Parents' Gateway, go to [SERVICE > DECLARE TRAVELS]. Alternatively, you may also submit via QR Code:



No action is required if you did not travel overseas during that period.

ii. Student Well-Being

To maintain a safe and conducive learning environment, we kindly ask for your cooperation in keeping your child at home if they are unwell. They should rest at home for the full duration of their medical leave to ensure a complete recovery and reduce the risk of spreading illness to others.

If your child is absent, please inform their Form Teacher or call the General Office at 64456483 in the morning. A medical certificate should be submitted to the Form Teacher when your child returns to school. Your support in this matter is greatly appreciated.

3. Holistic Assessment Report

The Holistic Assessment File, returned at the end of Term 1, serves as an ongoing record of your child's holistic progress throughout the year. It includes essential documents such as Learning Outcomes (for students in Primary 1 and 2), the termly progress card, and student reflections.

To keep pace with an era marked by rapid technological advancements and global developments, school aims to integrate our programme through the Emerging 21st Century Competencies (E21CC) such as adaptive and inventive thinking, communication,



and civic literacy. This places importance on holistic development, and nurturing future-ready learners with a habit of inquiry, experiential and collaborative learning.

Hence, the progress card has incorporated a more holistic approach reflecting the E21CC skills development.

4. Extension of Duration of Primary 6 Supplementary Class

To give additional support to our students in their preparation for PSLE, the school will be extending the duration of the Primary 6 supplementary class by an hour. Starting from Term 2, students will attend **two hours of supplementary class on Mondays and Thursdays - two subjects per day**. The new schedule was sent via Parents Gateway on 10 March 2025.

5. Primary 4 SwimSafer 2.0 Programme

As part of the MOE Physical Education Syllabus, the SwimSafer 2.0 programme is compulsory for all Primary 4 students. This is a national water safety programme which is designed to equip a child with the necessary skills to learn swimming at the end of the course. The programme aims to help the students gain confidence and develop independence in the water, as well as learn general and deep-end water safety. Lessons will be conducted by qualified coaches registered with the National Registry of Coaches.

Through the swimming programme, students will learn to be water-safe and acquire lifelong swimming skills. Students will be grouped according to their swimming abilities. At the end of the programme, students will be assessed on their ability to demonstrate water safety and swimming proficiency.

The Primary 4 SwimSafer 2.0 programme will commence from April 2025 for all Primary 4 students. Information has been shared with all Primary 4 parents via PG on 24 February 2025.

6. Student Well-being Programme

At Damai, we continue to equip students with tools to manage their emotions and support their peers. Last term, the focus was on self-awareness and responsible decision-making. Students were also introduced to mindful breathing exercises during a sharing by the P.E. department, helping them regulate their emotions. In class, they created Friendship Blooms, a visual reminder of their peer support network, and they also learnt to use the CARE framework (**C**onnect to the Situation, **A**ssess all Possible Outcomes, **R**espond Mindfully, **E**valuate the Outcome) to guide them in supporting peers. To end the term, they will also write affirmation cards to encourage and uplift their peers. We invite parents to reinforce these efforts at home by practising mindful breathing and fostering open conversations about regulating emotions (*Please refer to **Annex A***).

7. Talentime@Damai

Talentime@Damai Show 1 took centre stage on Monday, 10 March, and truly embodied the spirit of a performance by students, for students. Our aspiring performers earned their spot through a rigorous audition process, vying for the opportunity to showcase their



talents. The overwhelming turnout at auditions reflected the confidence and enthusiasm of our Damaians, who eagerly embraced the chance to shine on stage.

Beyond the classic acts of singing, dancing, and instrumental performances, this year's showcase introduced fresh and exciting talents, including a mesmerizing ballet performance and a dynamic *Kuaiban* act—a rhythmic art form akin to rapping. Performing before the entire school, our talented singers, rapper, pianists, and dancers displayed remarkable composure and showmanship.

8. Values-in-Action Programme

Values in Action (VIA) is an integral part of the Character and Citizenship Education (CCE) programme, designed to foster student ownership by encouraging them to identify causes they care about and effect positive change. Through VIA, students exercise social responsibility within their spheres of influence and play their part through making meaningful contributions to the community.

Please refer to the table below for the list of VIA programmes @ Damai.

Level-based VIA Programmes	
Level	Activities
Primary 1	CCE (FTGP) - My Mission plan ▪ To show appreciation and care to family as well as others.
Primary 2	CCE (FTGP) - Secret Care Friend ▪ To show appreciation and care to classmates.
Primary 3	CCE (FTGP) – Primary 3 Kindness project ▪ To show kindness to classmates.
	▪ Upcycling –Social Studies Activity (Making a Tote Bag)
	▪ Clean Classroom with National Environment Agency
Primary 4	CCE (FTGP) - Improving my school community ▪ To plan for ways to make the school community a better place to study, work and play
	▪ Clean Classroom
Primary 5	CCE (FTGP) - Care project for people with disabilities ▪ To help people with disabilities through action, awareness or advocacy
	▪ First week of school – Buddy Programme
	▪ Encouragement Cards for P6 Seniors before PSLE
Primary 6	FTGP (CCE) - Care project for need in the surrounding community – A Kidney Health Awareness Project ▪ Appreciation Day for our non-teaching staff
School-wide VIA Programmes	
	▪ Kids Appreciate
	▪ Food From the Heart Food Donation Drive
	▪ Clean Plate Campaign
	▪ Paper and Plastic Recycling
	▪ FairPrice Share a Textbook



9. Social Studies Cohort LJ

Cohort Learning Journeys are planned and designed for Primary 3 to Primary 6 students, allowing them to have opportunities to take part in common experiences which include Museum-Based Learning (MBL).

Upcoming Cohort Learning Journeys in April:

CLASS	Venue	Date
6 Sincerity	Asian Civilisation Museum	1 April 2025
5 Aspiration	Indian Heritage Centre	8 April 2025
5 Resilience	Indian Heritage Centre	8 April 2025

More details regarding the learning journeys will be shared on Parents Gateway (PG) nearer the dates of the learning journeys.

10. Overseas Immersion Programme to Chengdu, China

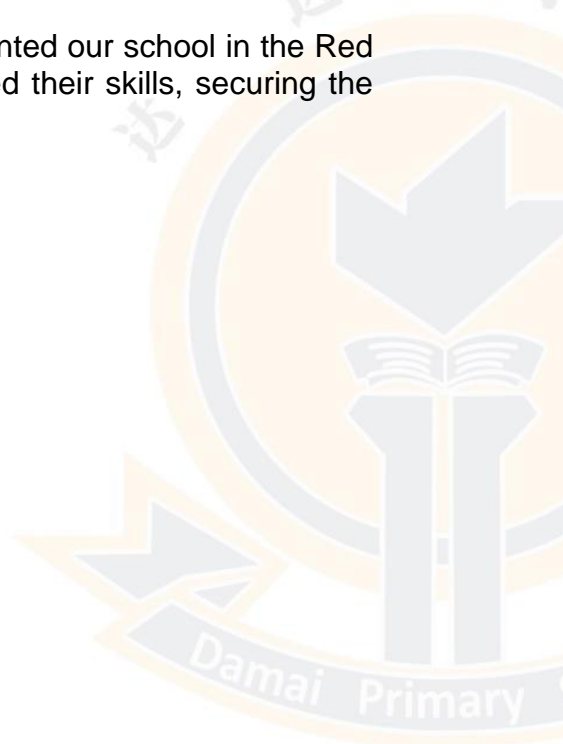
The school is organising an overseas learning journey to Chengdu from 19 to 23 May for selected Primary 5 and 6 students who have demonstrated exemplary conduct, positive learning dispositions, and serve as role models for their peers. This immersive programme aims to enhance students' global and civic literacy, broaden their perspectives, and deepen their appreciation of different cultures. Additionally, students will have the opportunity to apply their self-management and relationship management skills during the overseas trip. We wish our teachers and students a safe and enriching journey.

11. Our Damaians, Our Pride

We would like to extend our heartfelt congratulations to all members of the Red Cross Youth for achieving the Excellent Unit Award (Year of Assessment 2024) – Gold Award!

Additionally, eight members of the Red Cross Team represented our school in the Red Cross Youth First Aid Championship, where they showcased their skills, securing the Gold Award. Well done!

Name	Class
Yuva Raaj S/O Dorai Raj	5 Sincerity
Low Sou En	5 Aspiration
Te Cheng Leng	
Song Yuxuan	5 Resilience
Venkatesh Prithika	6 Sincerity
Babu Srinikesh	
Cabahug Sam Therese Muyot	6 Resilience
Fashiha Ilham Binti Hairulnizam	





12. Hari Raya Celebration

Hari Raya at Damai is always a joyous occasion filled with excitement and cultural activities. We will be holding a special assembly programme to celebrate Hari Raya on Monday, 14 April 2025. During assembly, students will enjoy a skit celebrating the spirit of Raya, along with a Malay dance performance by our very own dancers from the Malay Dance CCA.

Recess will be just as engaging, with activities like colouring and writing greeting cards for friends and teachers. Festive Raya songs will be played throughout recess, enhancing the festive atmosphere.

On Monday, 14 April, students are encouraged to wear traditional Malay attire with school shoes. Alternatively, they may continue to wear the prescribed school uniform / PE attire, with no modifications allowed.

To all our Muslim parents, we would like to wish you and your family a joyous Hari Raya filled with love, peace, and happiness. Selamat Hari Raya Aidilfitri!

Yours faithfully,

Mrs Jenny Leong
Principal



Annex A

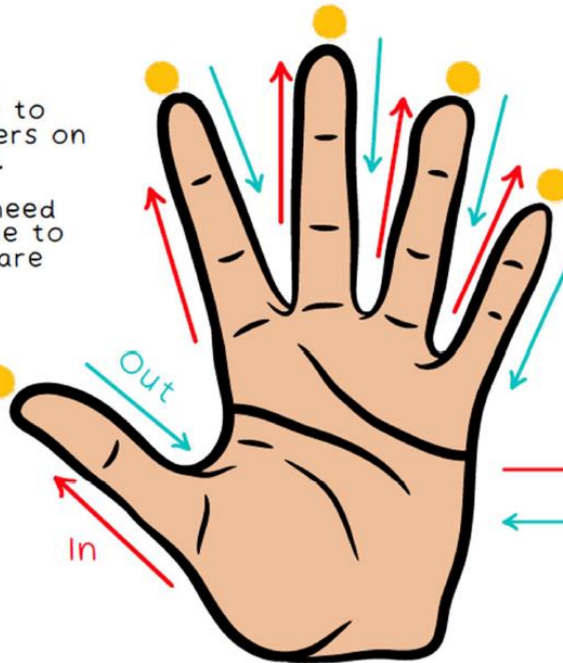
5 FINGER BREATHING

Directions:

Use your right pointing finger to trace the fingers on your left hand.

Teachers will need to demonstrate to students who are left handed.

Hold your breath for 3 seconds



it's okay to feel
your feelings



Belly breathing

- 01 || **Push your belly out** as you inhale through your nose.
- 02 || Purse your lips and slowly exhale, as if you were **blowing out a candle.**

