2023/184

22 May 2023

Dear Parents and Guardians,

SCHOOL GREEN AWARDS VANDA MISS JOAQUIM AWARD

1. Travel Declaration for Mid-Year Holidays

With the mid-year holidays approaching, we would like to seek your cooperation to submit a travel declaration for your child/ward if you plan to travel overseas with him/her during that period.

To make a travel declaration for your child/ward via Parents' Gateway (PG), go to [SERVICE > DECLARE TRAVELS]. Please declare your child's/ward's travel plan(s), indicating both the country and city of travel, and any city of transit, by 26 May 2023, Friday. Only one parent is required to make the declaration.

If your child/ward is **not travelling** during the holidays, **no action is required**.

Alternatively, you may submit the travel declaration via the following QR Code or link:



When planning your child/ward's travel, please refer to https://www.ica.gov.sg/entertransit-depart for more information and updates. If there is a change of travel plan(s) after you have made a declaration, please submit a new travel declaration for the updated travel destination via PG or inform the school of the cancellation of travel plan(s).

2. Collection of Report Book

With the completion of Semester 1's weighted assessments and timed practices, all Primary 1 to 6 students will collect their report books on 25 May 2023, Thursday. Parents of selected students will receive the report book on 24 May 2023, Wednesday. Please ensure the report book is duly signed when your child returns to school on the first day of Term 3, 26 June 2023, Monday.

3. Parent-Teacher-Student Conference

Thank you very much to all parents who have selected a slot for the Parent-Teacher-Student Conference (PTSC) scheduled for 24 May 2023, Wednesday. During the PTSC, teachers will give you updates on your child's/ward's holistic development and discuss ways to better support your child/ward in school and at home. We would appreciate it if all parents adhere to the time slot selected and keep the meeting within the allotted time of 10 minutes.



4. E-Learning Day for Primary 1 to 6

The school will be conducting E-Learning Day on 24 May 2023, Wednesday, as students need not be in school due to Parent-Teacher-Student Conference.

The objectives of the E-Learning Day are to ensure continuous learning in case of school closure and encourage students to be self-directed learners.

More details will be uploaded on our school website by 22 May 2023, Monday.

5. CCA Stand Down for Students in Primary 6

We understand that Primary 6 students will need more time to focus on their studies to prepare for PSLE. The school would like to take this opportunity to help our students to prioritise what is important and focus on what is necessary. Hence, Primary 6 students will stand down from their CCAs during curriculum time and after-school in Term 3. The remaining CCA sessions in Term 2 will continue as scheduled. CCA will resume after PSLE.

6. Primary 6 Supplementary Class

Primary 6 Supplementary Class will commence from the first week of Term 3. The consent form and schedule have been issued via Parents Gateway. Please refer to the schedule for the specific date and time.

7. Primary 3 to 5 Remedial Class

Primary 3 to 5 Remedial Class will commence from the second week of Term 3. The consent form and schedule will be issued when the new term begins. Please refer to the schedule for the specific date and time.

8. Our Damaians, Our Pride

Talentime@Damai

Talentime@Damai was held on 15 May 2023, Monday, during all the recess periods. The performances by students for students were very well received in the casual setting of the school canteen. Some students sang, while others performed on their instruments, which included the piano, the violin, the pipa, and the drum set. The audience was fully engaged by the talented performers, with some even singing and clapping along, showing support to their friends.

We are happy and proud to see the confidence displayed by our students as they performed before their schoolmates.

Singapore Youth Festival (SYF) 2023 Art Exhibition

The theme for the SYF 2023 Art Exhibition is 'Artist and Inspiration'. This biennial event helps to nurture in students a keen appreciation for historical and cultural influences in art. Primary school student artists were given the opportunity to create original artworks based on the inspiration they got from artworks done by either local or international artists.



We are happy and proud to announce that all three categories of artworks done by our students have been awarded the Certificate of Recognition, and the artworks are also selected for on-site exhibition.

Congratulations to the following students:

Category	ne following students: Name	Class
Category A Primary 1 and 2	Alya Saleeha Firman	2C
	Illya Wong Cui Min	2C
	Kroisenbunner Leyla Dieu Anh	2A
	Mohamed Rafeek Raeefah	2D
	Nur Zara	2B
	Seah Kee An	2E
	Shayza Zulayqah Binte Muhd Syafiq	2D
	Siti Zarrah Binte Abdullah	2A
	Yeoh Vynn Shuen	2D
Category B	Banaag Georgina Mendoza	3B
Primary 3 and 4	Cheong Jia Li	3D
	Jasmine Sandeep Kabta	3D
	Lin Daokai Elliott	4B
	Muhammad Maliqi Bin Muhammad Hiddir	3D
	Nur Muslihah Binti Muhamad Faizal	4C
	Putera Isyraf Bazilin Bin Mohamed Suhaimi	3C
	Sing Jing Yi Amy	4A
	Tham Hoi Yan (Tan Kai'en)	4A
	Xavier Ang Jun Bin	4A
Category C Primary 5 and 6	Hong Luoxi	6A
	Liu Hang Yu	6A
	Lucas Lee Jun Sheng	6C
	Ma Caier	5A
	Punzalan Maria Gabriel Del Rosario	5A
	Sim Cai Qian	6C
	Sofea Qistina Binte Saiful Shahrin	6C
	Tan En Hwee Olivia	6A
	Tee Enying Raine	5B
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SCHOOL GREEN AWARDS VANDA MISS JOAQUIM AWARD

9. Cyber Wellness

The school has prepared some valuable tips to help you manage the cyber wellness of your children during the school holiday. The internet can be a wonderful tool for entertainment and education, but it can also pose risks. We understand the importance of keeping your children safe online, and we are committed to providing support and resources to help you achieve this goal. Please refer to the annexes appended to this letter. We hope that these tips will be helpful to you and your family.

I would like to take this opportunity to wish all students and parents a safe and enjoyable term break. It is time to relax and recharge after a long and busy school term. I hope all Damaians will have a wonderful time and return to school refreshed and ready to tackle the new term when they return to school on 26 June 2023, Monday. Have a great break!

Finally, Happy Vesak Day to all Buddhist parents and students. May your celebrations be filled with joy and peace.

Yours faithfully,

Mrs Jenny Leong

Principal



Annex A



<u>Cyber Wellness@Damai – Excessive Use of Digital Devices</u>

In the upcoming mid-year school holidays, more children will be spending time on the internet and on their social devices. That will certainly increase the risk of our children accessing inappropriate contents that are unsafe, violent, or unsuitable for their age. It may also increase the chances of them being cyberbullied on social media.

1) Potential online risks

While many parents already have a good understanding of our children's online activities, yet many children do not recognise the importance and are adamant about sharing their online activities with us.

Hence, it is important for us to be aware of potential online risks that may affect our children physically and/or emotionally.

- a) Receiving hateful and hurtful online comments
- b) Chatting and meeting with online strangers
- c) Exposure to inappropriate online content
- (* Refer to *Annex B* for more information)

2) Assessing if our children need additional support from us.

As children may not necessarily share with us what they do online, part of digital parenting involves recognizing the signs that our children may be physically and/or emotionally affected by their online activities which may not require our support.

Here are some guiding questions that may help you assess if your children require emotional support.

Have you notice that ...

- a) your child gets defensive and secretive when you ask about his/her online activities?
- b) your child is expressing feelings of sadness or anxiety and is behaving differently compared to his/her usual self?
- c) your child's relationships with those around them have been affected due to device usage?

These questions help us to assess the type of support that we can provide for our children.

3) Parental support for our children's online activities

In the age of digital parenting, being deliberate in staying connected with our children through having safe and open conversations is important. When strong parent-child relationships have been established, engaging in meaningful and effective communication with our children can be less challenging.





Check out tips on how we can engage our children in meaningful conversation by being non-confrontational and non-judgmental.

(* Refer to *Annex C* for more information)

Explore and discover more tips and upcoming events on Cyber Wellness in the attached links and follow our Parenting links below.

Ö	Instagram:	@parentingwith.moesg
4	Facebook:	@Ministry of Education
	Telegram:	Contact@Schoolbag_edu_sg

For more resources on how to keep your children safe online, check out:

- 1. Cyber Security Agency of Singapore: https://www.csa.gov.sg/
- 2. Media Literacy Council: https://www.betterinternet.sg/



Annex B



BELOW ARE TOP 3 POTENTIAL ONLINE RISKS WHICH MAY AFFECT OUR CHILDREN PHYSICALLY AND/OR EMOTIONALLY.

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Our children may feel overwhelmed and be at a lost if they were to receive hateful and hurtful online comments.

They may not think of sharing this with us and may try to deal with this in their own way.



RECEIVING
HATEFUL AND
HURTFUL
ONLINE
COMMENTS

CHATTING
AND
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EXPOSURE TO INAPPROPRIATE ONLINE CONTENT With many online platforms (e.g. online games) that provide chat and interaction features, our children may be potentially chatting and even meeting up with predators whom they may

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predators whom they may have interacted with while on such platforms.



Inappropriate online content refers to information found on the Internet that may not be suitable for

found on the Internet that may not be suitable for our children at their age or at their level of maturity. Such content can be upsetting to our children or can lead them to engage in unlawful or dangerous behaviours.

When our children stumble across such online content, they may not be matured enough, at this point in time, to process some of the online content that they may be exposed to when using their devices.



Annex C





TAP ON FAMILY MEALTIMES

When having a meal with our children, engage them in a conversation about how their day went, including what they experienced online. This will not only help us be aware of our children's online activities, but also enable us to spot potential online risks early.



TAP ON FAMILY SCREEN TIME

Screen time need not always be alone time. Make it a family affair! Asking our children to suggest online activities the family can do together can be a way forward.

During a family bonding session over a family online game or over our children's favourite online game, the conversation about their online activities may take place seamlessly.





TAP ON TRAVELLING TIME

Using commute time to engage in conversations with our children may lead to meaningful outcomes. In such normal day-to-day interactions, our children may be more at ease and hence may be more open and comfortable to share about their online activities and/or any feelings that are bothering them.

The next time we are on the way to/from school with our children, or even on the way to a family outing, engage in a casual chat with them.

